



# Bird's Eye View

December 11, 2013  
Issue 18

The Kenrose Cardinal Art Club and Choir are proud to sponsor the 2<sup>nd</sup> Annual

## PRESENTS FOR PAWS 2013

**What:** During this holiday season, help the Kenrose Art Club and Choir collect food and supplies for our furry friends in need!

**When:** Donations for the drive may be dropped off before or after school Monday, December 9<sup>th</sup> through Friday, December 20<sup>th</sup>

**Where:** Donations can be delivered to the Art Room or Music Room any time before or after school on the dates listed above.

**Who:** All donations will be taken to the Williamson County Animal Control and Adoption Center in Franklin on Saturday, December 21<sup>st</sup>.

### How You Can Help Our Furry Friends in Need:

Animal shelters always need towels and can also use bedding for small dogs. Below is a list of desired items from the Williamson County Animal Control and Adoption Center:

#### **\*Old Towels and Washcloths are always needed!**

- Mendota 6' x 1/2" slip lead for dog walking (needs 25)
  - Slicker Brush for cats (needs 10)
- Furminator brand brush (small, medium, and large sizes)
- Flat bottom ceramic bowls for kittens
- Cat toys (ex. balls with bells inside; ping pong balls)
  - Dog toys (no tennis balls, please!)
  - Attachable bowls for metal crates
- New and unopened Dog treats and Cat treats
- New and unopened Whiskas Dry Kitten Food
- New and unopened Dog and Cat food

#### Dates to Remember:

11/18- GraceWorks Canned Food  
12/18 Drive

12/09- Talent Show Sign-ups  
12/13

12/09- Presents for Paws  
12/20

12/12 Choir Holiday Concert,  
6:30 pm

12/20 Winter Party, 11:00 am  
1/2 Day

12/23- Winter Holiday  
01/03

01/06 No School for Students  
Administrative Day

01/07- Talent Show Auditions  
01/09

#### Nutrition Nuggets Fun:

(WCS CSH Newsletter)

Keep a tray of washed, ready-to-eat raw vegetables in the refrigerator at your child's eye level. You might fill it with colorful bell pepper slices, whole mushrooms, and broccoli pieces. Then, when your youngster opens the refrigerator for a quick snack, the healthy vegetables will be the first thing he sees.

For more healthy tips:

<http://www.wcs.edu/csh/nuggets/>

## KenroseTalent Show

Attention all third, fourth, and fifth grade parents and students, due to the busy assessment schedule in May our annual talent show this year will be held in January!!! Auditions will be January 7<sup>th</sup>– 9<sup>th</sup>, 2014. (Please note that January 7<sup>th</sup> is our first day back from winter break.) Audition times will be available both before and after school. Talent show participants will be based upon the results of auditions. I will post a list of the participants on Friday, January 10<sup>th</sup>, outside my door, and the talent show will be performed for the entire school on Friday morning, January 17<sup>th</sup>. Students who wish to sign up for the talent show must sign up for a time outside the music room door between December 9<sup>th</sup> and December 13<sup>th</sup>. I expect that the audition times will go fast so please sign up as soon as possible. Students will be notified of their audition time before they leave for winter break on December 20<sup>th</sup>. I am excited to see the wonderful talents of our third, fourth, and fifth grade students!

Ms. Lori Pike, Kenrose Music Teacher

# Canned Food Drive!

Items go to GraceWorks Ministries



Feeding the Community

## Individually-Sized Items Needed:

- Microwavable Meat Meals
- Cereal
- Pudding Cups
- Beans and Franks
- Easy Mac
- Peanut Butter to Go
- Fruit Snacks
- Packaged Meat and Crackers

## Food Pantry Items Needed:

- Rice
- Vegetables
- Canned Ham or Chicken
- Pasta Sauce (Jars and Cans)
- Jelly
- Peanut Butter
- Deodorant
- Razors
- Dishwashing Liquid
- Toothbrush and Toothpaste
- Fruit
- Beans
- Crackers
- Canned Beef Stew
- Meals (Like Hamburger Helper)
- Soup
- Laundry Detergent
- Shaving Cream
- Cleaning Supplies

***November 18th-  
December 18th***

***Please bring items to the front of the school  
by Dec. 18th.***

Thank you from the Kenrose  
Elementary Student Council

# ING | KIDS ROCK™

**The Kids Rock ING marathon is open to Kindergarten through 5th grade! Kids only run one mile in downtown Nashville on race day! Come and join team Kenrose as we join other surrounding schools to celebrate physical fitness and running!**

**This a reminder that there will be a price increase for KiDS ROCK Nashville on December 31, 2013. You can register online at [www.runkidsrock.com](http://www.runkidsrock.com) <<http://www.runkidsrock.com>> or mail in a paper copy and have it post marked by December 31, 2013, to receive the \$25 price point. Be sure to select, "Kenrose" as your team school. Please contact team captain, Anna Sellers at [anna.sellers@wcs.edu](mailto:anna.sellers@wcs.edu) <<mailto:anna.sellers@wcs.edu>> for more information or our sharepoint page for information on training and links to website.**

**Please be aware, some grades fill up quickly so early registration will ensure a place on race day!**

**Look for information in the New Year regarding a Spring Run Club to get those little legs ready for race day!**



## KiDS Can Rock Too!

- ✓ Separate Age Group Races
- ✓ 1 Mile Run for Kids Grade 1-7
- ✓ 1/2 Mile Dash for Kindergarteners
- ✓ T-shirt, Goodie bag, Medal
- ✓ 1 Mile Family Fun Run

For more event information visit  
[www.runkidsrock.com](http://www.runkidsrock.com)



nashville  
parent



# KIDS ROCK™

## NASHVILLE

### What is KiDS ROCK?

- Through four, six and eight-week training programs, kids can train with parents, teachers, coaches and friends to work toward the common goal of completing 12 to 25 miles.
- On race day, participants come together to complete their final mile on the course and become official KiDS ROCK finishers (Kindergarteners run ½ mile).
- All finishers receive an official race number, medal, t-shirt, and reusable goodie bag for their accomplishments.
- The program is open to kids grades K-7.
- The training program also includes tips to help kids start and maintain an overall healthy and active lifestyle.
- KiDS ROCK is a nationwide program held in conjunction with the Rock 'n' Roll Marathon Series.

### KiDS ROCK in 2014

- KiDS ROCK events will take place in 12 markets – Phoenix, New Orleans, Washington D.C., Dallas, Nashville, San Diego, Philadelphia, Montreal, Denver, Los Angeles, Savannah and San Antonio.
- KiDS ROCK will impact an estimated 17,000 - 20,000 kids in 2014.
- It is currently one of the largest kids-only running series in the U.S. and continues to expand.

### KiDS ROCK Nashville in 2014

- Date: Sunday, April 27, 2014 Time: 2:00 pm
- Location: LP Field
- Registration is open
  - \$25 until December 31, 2013
  - \$30 January 1- Sell Out
- In order to form a team you need to complete an "Intent to Form a Team"
- Team Captains can pick up their entire team's t-shirts, and race numbers.

***Group pick-up is only for registered teams.***

### FOR MORE INFORMATION VISIT:

<http://ingkidsrock.competitor.com/event-info/nashville/>

**If you have any questions please contact your Team Captain.**

# KIDS ROCK Nashville • April 27, 2014

register online at **RUNKIDSROCK.com** 

Official Use Only

## COMPLETE ENTIRE FORM

PLEASE PRINT NEATLY USING CAPITAL LETTERS. PHOTOCOPIES ARE ACCEPTED. DO NOT ALTER SIZE. ONE ENTRY PER FORM

Name (First)										Last									
<div></div>																			
Address															Apt. #/Suite				
<div></div>																			
City										State					Zip or Postal Code				
<div></div>																			
Country										Day Phone					Evening Phone				
<div></div>																			
Email Address of Parent/Guardian																			
<div></div>																			
M F		Birth Date				Grade		School Name/Group/Organization - Leave blank if not affiliated with any group											
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		M M D D Y Y																	

Shirt Size (circle one): Youth - S M L XL Adult - S M L XL

## RELEASE WAIVER OF LIABILITY AGREEMENT

ALL PARTICIPANTS IN KIDS ROCK NASHVILLE AND RELATED EVENTS ARE REQUIRED TO ASSUME ALL RISK OF PARTICIPATION IN THE KIDS ROCK NASHVILLE BY SIGNING THIS GENERAL RELEASE AGREEMENT.

- I, the undersigned parent/guardian on behalf of my child, myself, and our personal representatives, assigns, heirs, and executors, hereby fully and forever release, waiver, discharge and covenant not to sue the City of Nashville, Rock 'n' Roll Country Music, Competitor Group, Inc. its parent & affiliated Corporations, Rod Dixon's Kids Marathon Foundation, USATF, and all municipal agencies whose property and/or personnel are used and all other sponsoring or co-sponsoring or individuals related to the Kids Rock Nashville, their officers, directors, employees, and agents (collectively "Releasees") from all liability to me, my child and our personal representatives, assigns, heirs and executors, for all loss(es) or damage(s) and any and all claims or demands therefore, on account of injury to my child including that which may result in the death of my child, whether caused by the active or passive negligence of all or any of the Releasees or otherwise, in connection with my child's participation in the Kids Rock Nashville.
  - I represent and warrant that my child is in good physical condition and is able to safely participate in the Kids Rock Savannah.
  - I am fully aware of the risks and hazards inherent in participating in the Kids Rock Nashville and in spite of these risks voluntarily grant permission for my child to participate in it. I, on behalf of my child, assume all risks of loss(es), damage(s), or injury(ies) that may be sustained by him/her while participating in the Kids Rock Nashville.
  - I consent to the use of my child's name and photograph in broadcasts, newspapers, brochures and other media without compensation.
  - I acknowledge that the entry fee is non-refundable and non-transferable.
  - I grant to the medical director of the Rock 'n' Roll Nashville, P.Z. Pearce, M.D. and his agents, affiliates and designee access to all medical records (and physicians) as needed and authorize medical treatment as needed.
  - I warrant that all statements made herein are true and correct and understand that Releasees have relied on them in allowing my child to participate in the Kids Rock Nashville.
- I HAVE READ THE FOREGOING AND INTENTIONALLY AND VOLUNTARILY SIGN THIS RELEASE AND WAIVER OF LIABILITY AGREEMENT.

Participant's Name - Please Print

Signature of Parent/Guardian

Date

Name of Parent/Guardian - Please Print

MC ☐ Amex ☐ Visa ☐ Discover ☐

Credit Card # (Please do not leave space between numbers)

Signature

Exp. Date

Please print name as it appears on card

## FEES

### Individual Entry Fees for Kindergarten thru 7th grade

Individual Entry - Grades K-7<sup>th</sup> (thru 12/31/13) ..... \$25.00  
Individual Entry - Grades K-7<sup>th</sup> (1/1/14 - Sell Out) ..... \$25.00

### TOTAL ENCLOSED

Any overpayment will be donated to official race charities \$

MAKE CHECK OR MONEY ORDER PAYABLE TO: COMPETITOR GROUP  
ENTRY FEES ARE NON-REFUNDABLE AND NON-TRANSFERABLE.



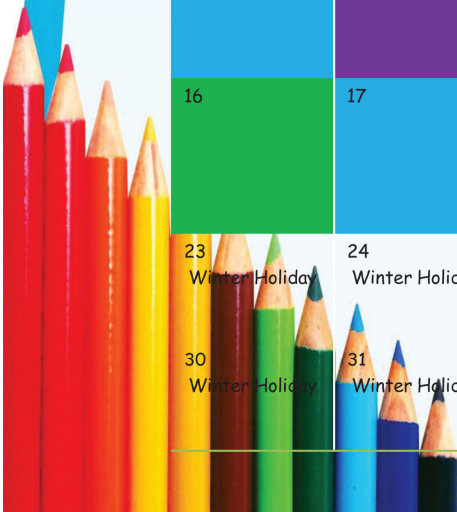
800.311.1255

**RUNKIDSROCK.com**



# December 2013

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20 $\frac{1}{2}$ Day for Students - No specials	21	22
23 Winter Holiday	24 Winter Holiday	25 Winter Holiday	26 Winter Holiday	27 Winter Holiday	28	29
30 Winter Holiday	31 Winter Holiday					



# PTO News & Events



Looking for a gift for that someone that has everything? Still need to find something for your favorite teachers?? Check out the new Kenrose's Spirit Wear and find something to keep them warm during these cold days.

Great items such as Kenrose sweatshirts, long sleeve shirts, Canvas totes, mouse pads, and Car flags. Time is running out!

<http://kenrose.deco-apparel.com/home>

## Happy Holidays

**Have you checked out the new Kenrose PTO website yet?**

# PTAvenue

[www.ptavenue.com](http://www.ptavenue.com)

parent log in: KenrosePTO

\*Stay up to date with the Calendar of School Events\*

\*Use the online store to order t-shirts, headbands,  
envelopes and more!

Use the Document link to:

View PTO financials

View Past BEV

Newcomers Handbook

PTO Enrollment Form

The Bird's Eye View is sent out every Wednesday during the school year to the email addresses registered with the Kenrose PTO, as well as posted on the Kenrose Elementary website at <http://www.wcs.edu/kes>. If you need to change or add an email address on our distribution list, please contact Johnna Miller at [johnna.miller@comcast.net](mailto:johnna.miller@comcast.net) to update your information. If you have any questions, please contact us at [KenrosePTO@yahoo.com](mailto:KenrosePTO@yahoo.com).

## **Bird's Eye View Guidelines:**

**Our Mission is to make the school newsletter as concise as possible while still providing parents all of the important information they need. We would like to avoid lengthy articles, and instead, include links to the article online if parents need/want more information. Thank You!**

- 5 pm Monday is the deadline for submittals to [kenrosetpto@yahoo.com](mailto:kenrosetpto@yahoo.com).
- Submissions should be in Word format, or in the body of an email. Please send a separate file/email for each submission.
- All submissions must be approved by a board member or Dr. Webb, and copied to Dr. Webb at [marilynw@wcs.edu](mailto:marilynw@wcs.edu), Christy Geuther, PTO President, at [tmacqag@comcast.net](mailto:tmacqag@comcast.net), and Jacqueline Cartailer at [kenrosetpto@yahoo.com](mailto:kenrosetpto@yahoo.com).
- Please limit 1 picture per article.
- Use limited clip art at your discretion.
- No advertisements allowed. Only WCS camps or activities that our students can participate in. We can post brief descriptions of an event to our feeder schools with a link to the web address for parents to access more information, if needed.