

Bird's Eye View

December 18, 2013 Issue 19

From Our Principal...

As 2013 draws to a close, I am reflecting on the many blessings of my life, including the opportunity to serve as the principal at Kenrose. I appreciate working with committed teachers and staff, children who bring smiles to our days and fulfillment to the work of helping them learn and grow, and supportive parents who share our high expectations. It is truly wonderful to be an educator in our Kenrose community!

As you know, 1st semester will conclude on Friday with a noon dismissal, and school for students will resume on Tuesday, January 7th. As you plan for second semester and beyond, please note that the WCS calendar is located online at http://www.wcs.edu/calendars/calendar.htm. The 2014-15 calendar recently approved by the Williamson County School board is also available at this link. If you are planning vacation time during second semester, please try to use the vacation times built into the school calendar. In order to be excused absences, vacation days that extend outside the school vacations must be approved in advance by the teacher and the principal based upon the child's attendance record and academic performance. This year academic focus time will begin March 3rd and extend through the end of the school year. During academic focus time no vacation days outside the school calendar will be approved as excused absences.

The children are looking forward to holiday parties this Friday, December 20, at 11 a.m. Following are some guidelines for room parents and others who will be attending to assist with the holiday parties.

 Room parents and others assisting with the parties are limited to adults. Due to space considerations and so that attention, activities, treats, etc. can be focused on the students in the class, please do not bring siblings.

Dates to Remember:

11/18- GraceWorks Canned Food

12/18 Drive

12/09- Presents for Paws

12/20

12/20 General PTO Meeting,

Kenrose Café, 10:00 am

12/20 Winter Party, 11:00 am

1/2 Day

12/23- Winter Holiday

01/03

01/06 No School for Students

Administrative Day

01/07- Talent Show Auditions

01/09

01/17 Talent Show

Nutrition Nuggets Fun:

(WCS CSH Newsletter)

Is your youngster on a sports team? Show support for her physical activity by helping at practice, ordering team T-shirts, or arranging healthy snacks for games and events. Since games are often on weekends or evenings, working parents may be able to drive carpools, keep score, or assist the coach.

For more healthy tips:

http://www.wcs.edu/csh/nuggets/

- Parking is always limited during our events. Visitors and volunteers please avoid parking in the area where the busses pull up; this area will be marked with cones.
- Please make sure all adults attending parties are aware of the following:
 - o Enter through the café doors
 - Have photo ID (or WCS photo volunteer badge) out of wallet and ready to show/ have it copied
 - o Know the grade and name of the teacher you are planning to visit
 - o Wear a visitor sticker in a visible place during the entire time you are in the school
- Please plan your visit so that you will have exited the building by 11:50 when we will begin calling dismissal. Parents may sign out their own children (not other people's children) in the classroom, and parents may sign themselves out at the same time. Please exit the building using the front doors by the office.
- Remember that while visiting a WCS school during a non-public event such as holiday parties, adults are prohibited from taking pictures of any children other than their own. The only exception is a parent designated by the teacher as a class photographer who has signed a confidentiality agreement and will be responsible for taking pictures for the yearbook, etc. Parents are advised never to place pictures taken of students at Kenrose on social media.

I realize these guidelines are detailed and may seem lengthy. Please remember that they are designed to ensure the safety and security of your children. Thank you for your cooperation and for assisting with holiday parties for the children. Our goal is for the students to have a fun and safe time!

Once again, I want to thank our Kenrose parents and community for all you do to support teaching and learning at our school. On behalf of the Kenrose faculty, staff, and administration, I wish you a joyous holiday season that includes many opportunities to enjoy the company of family and friends. I wish you safe travels and a happy, healthy 2014!

*Dr. Marilyn Webb*Kenrose Principal

Canned Food Drive!

Items go to GraceWorks Ministries





Community



- Microwavable Meat Meals
- Cereal
- **Pudding Cups**
- Beans and Franks

- **Easy Mac**
- Peanut Butter to Go
- Fruit Snacks
- **Packaged Meat and Crackers**



Food Pantry Items Needed:

- Rice
- Vegetables
- Canned Ham or Chicken
- Pasta Sauce (Jars and Cans)
- Jelly
- **Peanut Butter**
- Deodorant
- Razors
- Dishwashing Liquid
- **Toothbrush and Toothpaste**

- Fruit
- **Beans**
- Crackers
- **Canned Beef Stew**
- Meals (Like Hamburger Helper)
- Soup
- **Laundry Detergent**
 - **Shaving Cream**
- **Cleaning Supplies**





November~18th -December 18th

Please bring items to the front of the school by Dec. 18th.

> Thank you from the Kenrose **Elementary Student Council**

The Kenrose Cardinal Art Club and Choir are proud to sponsor the 2nd Annual

PRESENTS FOR PAWS 2013

What:During this holiday season, help the Kenrose Art Club and Choir collect food and supplies for our furry friends in need!

When: Donations for the drive may be dropped off before or after school Monday, December 9th through Friday, December 20th

Where:Donations can be delivered to the Art Room or Music Room any time before or after school on the dates listed above.

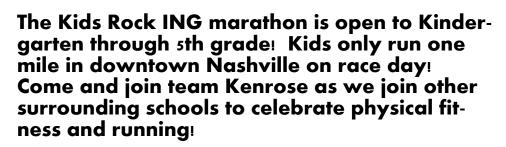
Who: All donations will be taken to the Williamson County Animal Control and Adoption Center in Franklin on Saturday, December 21st.

How You Can Help Our Furry Friends in Need:

Animal shelters always need towels and can also use bedding for small dogs. Below is a list of desired items from the Williamson County Animal Control and Adoption Center:

*Old Towels and Washcloths are <u>always</u> needed!

- Mendota 6' x ½" slip lead for dog walking (needs 25)
 - Slicker Brush for cats (needs 10)
- Furminator brand brush (small, medium, and large sizes)
 - Flat bottom ceramic bowls for kittens
- Cat toys (ex. balls with bells inside; ping pong balls)
 - Dog toys (no tennis balls, please!)
 - Attachable bowls for metal crates
- New and unopened Dog treats and Cat treats
 - New and unopened Whiskas Dry Kitten Food
 - New and unopened Dog and Cat food



This a reminder that there will be a price increase for KiDS ROCK Nashville on December 31, 2013. You can register online at www.runkidsrock.com<http://www.runkidsrock.com< or mail in a paper copy and have it post marked by December 31, 2013, to receive the \$25 price point. Be sure to select, "Kenrose" as your team school. Please contact team captain, Anna Sellers at anna.sellers@wcs.edu<mailto:anna.sellers@wcs.edu< edu> for more information or our sharepoint page for information on training and links to website.

Please be aware, some grades fill up quickly so early registration will ensure a place on race day!

Look for information in the New Year regarding a Spring Run Club to get those little legs ready for race day!



lets





What is KiDS ROCK?

- Through four, six and eight-week training programs, kids can train with parents, teachers, coaches and friends to work toward the common goal of completing 12 to 25 miles.
- On race day, participants come together to complete their final mile on the course and become official KiDS ROCK finishers (Kindergarteners run ½ mile).
- All finishers receive an official race number, medal, t-shirt, and reusable goodie bag for their accomplishments.
- The program is open to kids grades K-7.
- The training program also includes tips to help kids start and maintain an overall healthy and active lifestyle.
- KiDS ROCK is a nationwide program held in conjunction with the Rock 'n' Roll Marathon Series.

KiDS ROCK in 2014

- KiDS ROCK events will take place in 12 markets Phoenix, New Orleans, Washington D.C., Dallas, Nashville, San Diego, Philadelphia, Montreal, Denver, Los Angeles, Savannah and San Antonio.
- KiDS ROCK will impact an estimated 17,000 20,000 kids in 2014.
- It is currently one of the largest kids-only running series in the U.S. and continues to expand.

KiDS ROCK Nashville in 2014

- Date: <u>Sunday, April 27, 2014</u> Time: <u>2:00 pm</u>
- Location: LP Field
- Registration is open
 - o \$25 until December 31, 2013
 - o \$30 January 1- Sell Out
- In order to form a team you need to complete an "Intent to Form a Team"
- Team Captains can pick up their entire team's t-shirts, and race numbers.

Group pick-up is only for registered teams.

FOR MORE INFORMATION VISIT:

http://ingkidsrock.competitor.com/event-info/nashville/

If you have any questions please contact your Team Captain.

KIDS ROCK Nashville • April 27, 2014

register online at **RUNKIDSROCK.com** Race it



Official Use Only

COMPLETE ENTIRE FORM

PLEASE PRINT NEATLY USING CAPITAL LETTERS. PHOTOCOPIES ARE ACCEPTED. DO NOT ALTER SIZE. ONE ENTRY PER FORM Name (First) Last Address City State Zip or Postal Code **Evening Phone** Country Email Address of Parent/Guardian MF Birth Date Grade School Name/Group/Organization - Leave blank if not affiliated with any group Shirt Size (circle one): Youth - S RELEASE WAIVER OF LIABILITY AGREEMENT ALL PARTICIPANTS IN KIDS ROCK NASHVILLE AND RELATED EVENTS ARE REQUIRED TO ASSUME ALL RISK OF PARTICIPATION IN THE KIDS ROCK NASHVILLE BY SIGNING THIS GENERAL RELEASE AGREEMENT. 1. I, the undersigned parent/guardian on behalf of my child, myself, and our personal representatives, assigns, heirs, and executors, hereby fully and forever release, waiver, discharge and covenant not to sue the City of Nashville, Rock 'n' Roll Country Music, Competitor Group, Inc. its parent & affiliated Corporations, Rod Dixon's Kids Marathon Foundation, USATF, and all municipal agencies whose property and/or personnel are used and all other sponsoring or co-sponsoring or individuals related to the Kids Rock Nashville, their officers, directors, employees, and agents (collectively "Releasees") from all liability to me, my child and our personal representatives, assigns, heirs and executors, for all loss(es) or damage(s) and any and all claims or demands therefore, on account of injury to my child including that which may result in the death of my child, whether caused by the active or passive negligence of all or any of the Releasees or otherwise, in connection with my child's participation in the Kids Rock Nashville. 2. I represent and warrant that my child is in good physical condition and is able to safely participate in the Kids Rock Savannah. 3. I am fully aware of the risks and hazards inherent in participating in the Kids Rock Nashville and in spite of these risks voluntarily grant permission for my child to participate in it. I, on behalf of my child, assume all risks of loss(es), damage(s), or injury(ies) that may be sustained by him/her while participating in the Kids Rock Nashville. 4. I consent to the use of my child's name and photograph in broadcasts, newspapers, brochures and other media without compensation. 5. I acknowledge that the entry fee is non-refundable and non-transferable. 6. I grant to the medical director of the Rock 'n' Roll Nashville, P.Z. Pearce, M.D. and his agents, affiliates and designee access to all medical records (and physicians) as needed and authorize 7. I warrant that all statements made herein are true and correct and understand that Releasees have relied on them in allowing my child to participate in the Kids Rock Nashville. I HAVE READ THE FOREGOING AND INTENTIONALLY AND VOLUNTARILY SIGN THIS RELEASE AND WAIVER OF LIABILITY AGREEMENT. FEES Participants Name - Please Print Individual Entry Fees for Kindergarten thru 7th grade Signature of Parent/Guardian Date Individual Entry - Grades K-7th (thru 12/31/13)\$25.00 Name of Parent/Guardian - Please Print MC □ Amex □ Visa 🖵 Discover Credit Card # (Please do not leave space between numbers) TOTAL ENCLOSED Any overpayment will be donated to official race charities \$



Please print name as it appears on card

Signature

MAKE CHECK OR MONEY ORDER PAYABLE TO: COMPETITOR GROUP

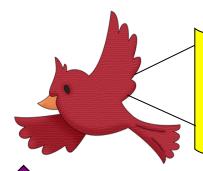
ENTRY FEES ARE NON-REFUNDABLE AND NON-TRANSFERABLE

Exp. Date

KenroseTalent Show

Attention all third, fourth, and fifth grade parents and students, due to the busy assessment schedule in May our annual talent show this year will be held in January!!! Auditions will be January 7th – 9th, 2014. (Please note that January 7th is our first day back from winter break.) Audition times will be available both before and after school. Talent show participants will be based upon the results of auditions. I will post a list of the participants on Friday, January 10th, outside my door, and the talent show will be performed for the entire school on Friday morning, January 17th. Students who wish to sign up for the talent show must sign up for a time outside the music room door between December 9th and December 13th. I expect that the audition times will go fast so please sign up as soon as possible. Students will be notified of their audition time before they leave for winter break on December 20th. I am excited to see the wonderful talents of our third, fourth, and fifth grade students!

Ms. Lori Pike, Kenrose Music Teacher



What's New in Life Skills?

From your School Counselors, Ms. Lipsett & Mrs. Bernstein!

Students have been discussing and participating in activities having to do with Bucket Filling. The concept of Bucket Filling is based off of the popular children's book, "Have You Filled a Bucket Today?" by Carol McCloud. The book explains that everyone has an "invisible bucket" that holds each person's emotions and confidence. People feel happy and good when their buckets are filled, but very sad when their buckets are empty. Everyone can do his or her part to make sure that they fill invisible buckets by using kind words, helping others, giving compliments, donating food and clothes to organizations, and showing friendship. When you fill a another's bucket, your own bucket fills as well because you feel good when you help others feel good.



Each student takes on the responsibility to demonstrate caring acts to friends, family members, and people in their communities by making sure he or she is filling buckets, and not dipping buckets by saying or doing something mean to take away from others' good feelings. To learn the importance of bucket filling, students are reading the books and participating in many discussions and interactive activities through the Life Skills rotation. We invite families to use and practice bucket filling at home to help children understand the importance of kind words and actions.



Students in 3rd-5th grade have been learning about how to send internet messages in a safe way during Life Skills classes. The county provides an internet curriculum with student lessons and parent informational tips. The students learn that

"netiquette" is informal rules of internet etiquette and brainstorm in groups polite ways to behave online. Some ways you can support them when they are on-line is to monitor their buddy lists and profiles that some websites and games use. If your children receive harassing messages, talk to them

about it and contact authorities when necessary.

It is important to set up rules at home to limit the amount of time children are using the internet. Some suggested rules are...

- 1. No instant messaging during homework time.
- 2. No instant messaging late at night; keep devices in a central part of the house outside of bedrooms.
- Establish a time limit.

When aiding your children in setting up profiles, make sure that it does not contain personal information like hob-

bies or interests. Make sure to not post pictures on the profile screen. Ensure the profile does not link to a personal website. Keep an open dialogue about your children's internet use.



Head Lice General Information

Dear Parents,

Due to the many cases of head lice that are seen in schools during this time of the school year, I would like to provide you with as much information as possible to support and help you better understand how to deal with the prevention and treatment of head lice for your children and your family. Additional information can be found on the Williamson County web site at http://www.wcs.edu/studentsupportsvc/lice.htm.

What are Head Lice?

Lice or Pediculosis are small, grayish white, wingless bugs, about the size of a sesame seed. They have six legs and can look darker on people with dark hair. Head Lice live on human blood by biting the scalp. Lice lay oval, hard, whitish nits (eggs), on the hair shaft, usually less than one half inch from the scalp. Often nits can be mistaken for dandruff. Nits are firmly attached to the hair shaft with a natural glue substance. Lice are often found behind the ears, near the back of the neck, or right at the crown of the head. Head Lice are rarely found on the body, eyelashes, or eyebrows. The main problem with Head Lice is severe itching. A telltale sign is a tickling feeling or something moving on the head. If the skin is broken from scratching, infection can occur.

What is the Life Cycle of a Louse?

The life cycle of a head louse is about a month. The female will lay eggs on the hair shaft at the rate of approximately 4 per day. These eggs hatch in 7 to 10 days. Within another 10 days, the newly hatched louse can begin the cycle all over again. With human blood to live on, during their 30-day life span, it is not unusual for female lice to lay close to 100 nits. Although we are unsure how long a louse can live without blood, it has been said that they can live for 2 to 5 days without being on a person. Nits can survive for up to ten days before they will hatch. Here is a picture to help you:



Howdo you catch Head Lice?

Lice are spread by head to head contact and are easily spread where people are crowded together. Head Lice cannot hop or jump, and they do not have wings. They are spread by close contact with infested articles such as hats, wigs, brushes, combs, hair accessories, pillows, backs of chairs, linens, car seats or head to head contact with people who have lice. Once Head Lice infestation starts it can spread rapidly and prompt treatment needs to happen. Although thought to be rare, lice can be spread via head phones, sporting helmets or foam rubber items.

How do you treat Head Lice?

You can check with your pediatrician or physician, but there are over the counter shampoos, lotions, gels and sprays to help you if you get Head Lice. There are also prescription strength shampoos and it is a good idea to call your physician to see what they suggest or you can call the Health Department. Once treated with the shampoo, you need to comb out all the nits with the special Lice comb and sometimes may need to use your fingers to pull

them out. You also need to wash all your linens, pillows, blankets, clothes in HOT water and dry on high heat (120 degrees) for 30 minutes. Any item that cannot be washed, you can bag and seal it up for two weeks. Vacuum sofas, carpeting, furniture, and remember to vacuum your cars paying special attention to head rests and using the crevice tool to get into the cracks of seats. Make sure to throw away your vacuum bags. Treat all your brushes, combs, hair accessories by disinfecting in hot water for 20 minutes or discard them.

What are some preventative measures?

Other than the above washing, drying and treatment, you can teach your children to help in the following ways:

- Do not share brushes, combs, hair accessories, hats, scarves, etc
- Keep clothing items not used in their back packs when not using.
- Do not share helmets, head sets, other items that may be touching the head. Utilize lice spray disinfectant on all of these types of equipment if sharing and wipe clean.
- Check your children when they come home from school and also after they participate in after school activities, or sleep-overs.
- During increased cases of Head lice, you can avoid sleep- overs and hair salon parties to cut down on the risk of spreading head lice.
- There are preventative products such as Tea Tree shampoo, gels, etc that you can put on your child's hair to help repel lice.
- Have your child wear their hair up if long and out of their face.
- Minimize close head to head contact.

Please remember that head lice can be transmitted in many types of environments and from heads with very clean and combed hair. Head Lice are actually very common and about 12 million people get head lice every year. Diligence is required to rid your family of head lice and keeping informed is very important. Please let me know if I can help answer any of your questions.

Best regards,

Terri Gamble, Kenrose School Nurse

This information was compiled using the following sources:

Centers for Disease Control, National Pediculosis Association, Medline Plus, Harvard School of Public Health, and Childfun.com

December 2013

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20 ½ Day for	21	22
				Students - No specials		
23 Winter Holiday	24 Winter Holiday	25 Winter Holiday	26 Winter Holiday	27 Winter Holiday	28	29
30 Winter Holic y	Winter Haliday					

January 2014

		M. I. I.				
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 Winter Holiday	2 Winter Holiday	3 Winter Holiday	4	5
6 Administrative Day	7 First Day for Students - 2 nd Semester	8	9	10	11	12
13	14	15	16	17	18	19
20 MLK Day - No School!	21	22	23	24	25	26
27	28	29	30	31		

PTO News & Events

KENROSE GENERAL PTO MEETING

Please Join Us!

Date: December 20, 2013 - Friday

Time: 10:00 am

Location: Kenrose Café

Highlights

- BTN & FFN Totals
- Approved budget increases
- Membership Directories
- Vote on proposal for new Sound/Video System for Gym

Please see the agenda on the following page for more details.

Agenda for General PTO Meeting December 20, 2013 at 10:00 am

Welcome/Call to Order Christy Geuther, PTO President

Approval of October GPTO Minutes Kris Helou, PTO Secretary

Treasurer's Report Kristyn Roseborough/ Kristen Richardson

Treasurer/Asst. Treasurer

➤ Build the Nest and Family Fun Night totals

Increases in budget approved by Executive Board since last General PTO meeting

Membership Report Colleen Blanchette, VP of Membership

Directories

School Improvements Christy Geuther

Sound/Video system for gym - proposal

Upcoming Events Christy Geuther

> Talent Show

➤ Dec. 9 to Dec. 13 – Sign up outside Mrs. Pike's room for an audition time (Audition times will be announced by Dec. 20)

o Auditions Jan. 7th -9th, 2014

o Participants listed outside Mrs. Pike's Door - January 10th, 2014

o Talent Show – Friday Jan. 17th, 2014

Winter Party – Fri., Dec. 20 11:00 AM

Winter Break – Friday, Dec. 20 (1/2 day dismissal) – Fri., Jan. 3

Admin Day, Mon., Jan. 6 – NO STUDENTS – Students' first day back after Winter Break is Tues. Jan 7.

General PTO meeting to review and approve 2014-15 budget, May 16 – 7:45 to 8:15 AM

Meeting Adjourned!

Kenrose Spirit Wear



Looking for a gift for that someone that has everything? Still need to find something for your favorite teachers?? Check out the new Kenrose's Spirit Wear and find something to keep them warm during these cold days.

Great items such as Kenrose sweatshirts, long sleeve shirts, Canvas totes, mouse pads, and Car flags. Time is running out!

http://kenrose.deco-apparel.com/home

Happy Holidays

Have you checked out the new Kenrose PTO website yet?

PTAvenue

<u>www.ptavenue.com</u> parent log in: KenrosePTO

Stay up to date with the Calendar of School Events

*Use the online store to order t-shirts, headbands,
envelopes and more!

Use the Document link to:
View PTO financials
View Past BEV
Newcomers Handbook
PTO Enrollment Form

The Bird's Eye View is sent out every Wednesday during the school year to the email addresses registered with the Kenrose PTO, as well as posted on the Kenrose Elementary website at http://www.wcs.edu/kes. If you need to change or add an email address on our distribution list, please contact Johnna Miller at information. If you have any questions, please contact us at KenrosePTO@yahoo.com.

Bird's Eye View Guidelines:

Our Mission is to make the school newsletter as concise as possible while still providing parents all of the important information they need. We would like to avoid lengthy articles, and instead, include links to the article online if parents need/want more information. Thank You!

- 5 pm Monday is the deadline for submittals to <u>kenrosepto@yahoo.com</u>.
- Submissions should be in Word format, or in the body of an email. Please send a separate file/email for each submission.
- All submissions must be approved by a board member or Dr. Webb, and copied to Dr. Webb at marilynw@wcs.edu, Christy Geuther, PTO President, at marilynw@wcs.edu, Christy Geuther, PTO President, at marilynw@cs.edu, Christy Geuther, at marilynw@cs.edu, Christy Geuther, PTO President, at marilynw@cs.edu, Christy Geuther, PTO President, at marilynw@cs.edu, Christy Geuther, PTO President, at marilynw@cs.edu, At marilynw@cs.edu
- Please limit 1 picture per article.
- Use limited clip art at your discretion.
- No advertisements allowed. Only WCS camps or activities that our students can participate in. We can post brief descriptions of an
 event to our feeder schools with a link to the web address for parents to access more information, if needed.