



Bird's Eye View

January 8, 2014
Issue 20



Dear Kenrose Family,

I wanted to send a HUGE thank you for all the wonderful goodies that were delivered to me in December. I have already used the cow collar along with the wonderful head bands...! All of these special presents, gifts like water bottles, totes, scarfs, hand sanitizer, socks, favorite books and magazines (the list simply goes on and on...) are very much appreciated... Thank you for your generosity and kindness.

Everyone should know that I am doing better than just okay; but I am finding my short and now very thinning hair to be very cold this time of year... How does my husband live like this? To make this week extra special, I have picked up strep throat on top of the chemo fun, so I have been very tired and feeling very lazy... This is at least my story and I am sticking with it. Hopefully next week will be better...

Thank you also to all the wonderful people who have been delivering my family meals, we have been enjoying them and my nose is definitely highly tuned to smells right now so not having to cook has been great. Hopefully my family won't get too used to all the delicious meals, as I am not the best cook in the world!

In closing, I would like to wish everyone a very happy and healthy New Year. I look forward to seeing you soon.

All the best,

Jeannette

P.S. I love the cards from the students at Kenrose, they always make me smile and I will treasure them forever!

Dates to Remember:

01/07- Talent Show Auditions
01/09

01/10 Spirit Friday

01/14 January Skate Night

01/17 Cardinal Connection,
Kenrose Café-8:45 am

01/17 Talent Show

01/20 MLK Day, No School

01/23 Chick-Fil-A Spirit Night

01/28- Book Fair Preview Days
01/29

01/30- Book Fair
02/07

Nutrition Nuggets Fun: (WCS CSH Newsletter)

Q: Why aren't restaurants built in outer space?

A: Because they wouldn't have any atmosphere!



For more healthy tips:
<http://www.wcs.edu/csh/nuggets/>

KenroseTalent Show

Attention all third, fourth, and fifth grade parents and students, due to the busy assessment schedule in May our annual talent show this year will be held in January!!! Auditions will be January 7th– 9th, 2014. (Please note that January 7th is our first day back from winter break.) Audition times will be available both before and after school. Talent show participants will be based upon the results of auditions. I will post a list of the participants on Friday, January 10th, outside my door, and the talent show will be performed for the entire school on Friday morning, January 17th. Students who wish to sign up for the talent show must sign up for a time outside the music room door between December 9th and December 13th. I expect that the audition times will go fast so please sign up as soon as possible. Students will be notified of their audition time before they leave for winter break on December 20th. I am excited to see the wonderful talents of our third, fourth, and fifth grade students!

Ms. Lori Pike, Kenrose Music Teacher



Cardinal Connection



An outreach of our Counseling Services is offering parent education opportunities for our Kenrose community. The following program will be held as part of our "Cardinal Connection" program. The Counseling Committee will be providing breakfast treats. Please join us!

**JANUARY 17TH AT 8:45AM IN THE CAFÉ:
UNDERSTANDING THE COMMON
CORE**

**PROGRAM WILL BE PRESENTED BY OUR
KES PRINCIPAL, DR. MARILYN WEBB.**

ING | KIDS ROCK™

The Kids Rock ING marathon is open to Kindergarten through 5th grade! Kids only run one mile in downtown Nashville on race day! Come and join team Kenrose as we join other surrounding schools to celebrate physical fitness and running!

Register online at www.runkidsrock.com or mail in a paper copy. Be sure to select, "Kenrose" as your team school. Please contact team captain, Anna Sellers at anna.sellers@wcs.edu for more information or our sharepoint page for information on training and links to website.

Please be aware, some grades fill up quickly so early registration will ensure a place on race day!

Look for information in the New Year regarding a Spring Run Club to get those little legs ready for race day!



KiDS Can Rock Too!

- ✓ Separate Age Group Races
- ✓ 1 Mile Run for Kids Grade 1-7
- ✓ 1/2 Mile Dash for Kindergarteners
- ✓ T-shirt, Goodie bag, Medal
- ✓ 1 Mile Family Fun Run

For more event information visit
www.runkidsrock.com



nashville
parent



KIDS ROCK™

NASHVILLE

What is KiDS ROCK?

- Through four, six and eight-week training programs, kids can train with parents, teachers, coaches and friends to work toward the common goal of completing 12 to 25 miles.
- On race day, participants come together to complete their final mile on the course and become official KiDS ROCK finishers (Kindergarteners run ½ mile).
- All finishers receive an official race number, medal, t-shirt, and reusable goodie bag for their accomplishments.
- The program is open to kids grades K-7.
- The training program also includes tips to help kids start and maintain an overall healthy and active lifestyle.
- KiDS ROCK is a nationwide program held in conjunction with the Rock 'n' Roll Marathon Series.

KiDS ROCK in 2014

- KiDS ROCK events will take place in 12 markets – Phoenix, New Orleans, Washington D.C., Dallas, Nashville, San Diego, Philadelphia, Montreal, Denver, Los Angeles, Savannah and San Antonio.
- KiDS ROCK will impact an estimated 17,000 - 20,000 kids in 2014.
- It is currently one of the largest kids-only running series in the U.S. and continues to expand.

KiDS ROCK Nashville in 2014

- Date: Sunday, April 27, 2014 Time: 2:00 pm
- Location: LP Field
- Registration is open
 - \$25 until December 31, 2013
 - \$30 January 1- Sell Out
- In order to form a team you need to complete an "Intent to Form a Team"
- Team Captains can pick up their entire team's t-shirts, and race numbers.

Group pick-up is only for registered teams.

FOR MORE INFORMATION VISIT:

<http://ingkidsrock.competitor.com/event-info/nashville/>

If you have any questions please contact your Team Captain.

KIDS ROCK Nashville • April 27, 2014

register online at **RUNKIDSROCK.com** 

Official Use Only

COMPLETE ENTIRE FORM

PLEASE PRINT NEATLY USING CAPITAL LETTERS. PHOTOCOPIES ARE ACCEPTED. DO NOT ALTER SIZE. ONE ENTRY PER FORM

Name (First)										Last									
<div></div>																			
Address															Apt. #/Suite				
<div></div>																			
City										State					Zip or Postal Code				
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Country										Day Phone					Evening Phone				
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Email Address of Parent/Guardian																			
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M F		Birth Date				Grade		School Name/Group/Organization - Leave blank if not affiliated with any group											
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		M M D D Y Y																	

Shirt Size (circle one): Youth - S M L XL Adult - S M L XL

RELEASE WAIVER OF LIABILITY AGREEMENT

ALL PARTICIPANTS IN KIDS ROCK NASHVILLE AND RELATED EVENTS ARE REQUIRED TO ASSUME ALL RISK OF PARTICIPATION IN THE KIDS ROCK NASHVILLE BY SIGNING THIS GENERAL RELEASE AGREEMENT.

- I, the undersigned parent/guardian on behalf of my child, myself, and our personal representatives, assigns, heirs, and executors, hereby fully and forever release, waiver, discharge and covenant not to sue the City of Nashville, Rock 'n' Roll Country Music, Competitor Group, Inc. its parent & affiliated Corporations, Rod Dixon's Kids Marathon Foundation, USATF, and all municipal agencies whose property and/or personnel are used and all other sponsoring or co-sponsoring or individuals related to the Kids Rock Nashville, their officers, directors, employees, and agents (collectively "Releasees") from all liability to me, my child and our personal representatives, assigns, heirs and executors, for all loss(es) or damage(s) and any and all claims or demands therefore, on account of injury to my child including that which may result in the death of my child, whether caused by the active or passive negligence of all or any of the Releasees or otherwise, in connection with my child's participation in the Kids Rock Nashville.
 - I represent and warrant that my child is in good physical condition and is able to safely participate in the Kids Rock Savannah.
 - I am fully aware of the risks and hazards inherent in participating in the Kids Rock Nashville and in spite of these risks voluntarily grant permission for my child to participate in it. I, on behalf of my child, assume all risks of loss(es), damage(s), or injury(ies) that may be sustained by him/her while participating in the Kids Rock Nashville.
 - I consent to the use of my child's name and photograph in broadcasts, newspapers, brochures and other media without compensation.
 - I acknowledge that the entry fee is non-refundable and non-transferable.
 - I grant to the medical director of the Rock 'n' Roll Nashville, P.Z. Pearce, M.D. and his agents, affiliates and designee access to all medical records (and physicians) as needed and authorize medical treatment as needed.
 - I warrant that all statements made herein are true and correct and understand that Releasees have relied on them in allowing my child to participate in the Kids Rock Nashville.
- I HAVE READ THE FOREGOING AND INTENTIONALLY AND VOLUNTARILY SIGN THIS RELEASE AND WAIVER OF LIABILITY AGREEMENT.

Participants Name - Please Print

Signature of Parent/Guardian

Date

Name of Parent/Guardian - Please Print

MC ☐ Amex ☐ Visa ☐ Discover ☐

Credit Card # (Please do not leave space between numbers)

Signature

Exp. Date

Please print name as it appears on card

FEES

Individual Entry Fees for Kindergarten thru 7th grade

Individual Entry - Grades K-7th (thru 12/31/13) \$25.00
Individual Entry - Grades K-7th (1/1/14 - Sell Out) \$25.00

TOTAL ENCLOSED

Any overpayment will be donated to official race charities \$

MAKE CHECK OR MONEY ORDER PAYABLE TO: COMPETITOR GROUP
ENTRY FEES ARE NON-REFUNDABLE AND NON-TRANSFERABLE.



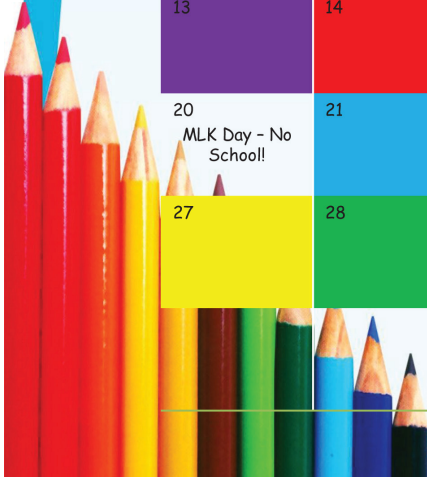
800.311.1255

RUNKIDSROCK.com



January 2014

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 Winter Holiday	2 Winter Holiday	3 Winter Holiday	4	5
6 Administrative Day	7 First Day for Students - 2 nd Semester	8	9	10	11	12
13	14	15	16	17	18	19
20 MLK Day - No School!	21	22	23	24	25	26
27	28	29	30	31		



PTO News & Events

SPIRIT FRIDAYS!!

All spirit days are the first Friday of the month

Next Date: Friday, January 10th

- **Show Your School Spirit By Wearing Your Kenrose Spirit Apparel!!!**
- **The Class winner in each grade will receive a special treat**
 - **Bring in your box tops!**

Please send in your Box Tops, Tyson A+ and Campbell Soup Labels on Spirit Days. Remember to put your neatly clipped tops in a Ziploc bag with your TEACHER'S name on it. This way we can track how many TOPS that each class collects.

Visit www.BoxTops4Education.com and register your email address to earn extra Box Tops for our school. The website offers great coupons, recipe ideas, and promotions. Support Kenrose and register today!

If you shop online, we can earn even more Box Tops for our school! Please register on the website today and visit the Box Top marketplace. Stores like Target, Gap and Best Buy offer Box Tops when you shop! This is another easy way to earn extra money for our school!

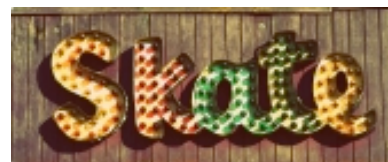
Every Box Top counts!

**Collect, submit and show your support
on Spirit Days!**



DON'T MISS-Tuesday, Jan. 14th
Kenrose Skate Night

Brentwood Skate Center
402 Wilson Pike Circle
from 4:30pm to 6:30pm!



Admission is \$6 with half going back to Kenrose!
Bring your own skates or rent for \$3.

COME CELEBRATE DR. WEBB's
BIRTHDAY WITH US!!!!



Plan on coming to play skate games, choose songs, and have fun with your friends from school. Tuesday, Dec 10th is designated for Kenrose. Sign in with our skate mom, Lori Dawson, at the Kenrose table so your name will go into the drawing for door prizes given near the end of each party and the class with the most attendance will get the Lolly Pop Stand--it will be brought to your classroom and your entire class will receive a treat!

Don't miss the "Roll the Dice" game, races, and limbo on skates.

A BIG SHOUT OUT TO LORI DAWSON FOR BEING OUR
DEDICATED SKATE MOM FOR THE LAST 4 YEARS!
YOU ARE AWESOME!





What's for Dinner Thursday, January 23rd?

Chick-Fil-A Spirit Night

Chick-Fil-A
3063 Mallory Lane
Franklin, TN 37067

During the hours of 4pm til 8 pm.

Dine in or drive thru. Let them know you are from Kenrose Elementary and a portion of your meal will support our school. Teachers, kids, families and even grandparents or friends.

****Class with most participation wins a Chick-Fil-A Cookie Tray & Lunch for their Teacher!**

We supported Kenrose at Chick-Fil-A Spirit Night.

Child's Name_____

Child's Teacher_____ **Grade**_____

Parent Signature_____ (send in one slip per child)

We supported Kenrose at Chick-Fil-A Spirit Night.

Child's Name_____

Child's Teacher_____ **Grade**_____

Parent Signature_____ (send in one slip per child)

Thank you for supporting Kenrose!

The Bird's Eye View is sent out every Wednesday during the school year to the email addresses registered with the Kenrose PTO, as well as posted on the Kenrose Elementary website at <http://www.wcs.edu/kes>. If you need to change or add an email address on our distribution list, please contact Johnna Miller at johnna.miller@comcast.net to update your information. If you have any questions, please contact us at KenrosePTO@yahoo.com.

Bird's Eye View Guidelines:

Our Mission is to make the school newsletter as concise as possible while still providing parents all of the important information they need. We would like to avoid lengthy articles, and instead, include links to the article online if parents need/want more information. Thank You!

- 5 pm Monday is the deadline for submittals to kenrosept@yahoo.com.
- Submissions should be in Word format, or in the body of an email. Please send a separate file/email for each submission.
- All submissions must be approved by a board member or Dr. Webb, and copied to Dr. Webb at marilyn@wcs.edu, Christy Geuther, PTO President, at tmgcag@comcast.net, and Jacqueline Cartailier at kenrosept@yahoo.com.
- Please limit 1 picture per article.
- Use limited clip art at your discretion.
- No advertisements allowed. Only WCS camps or activities that our students can participate in. We can post brief descriptions of an event to our feeder schools with a link to the web address for parents to access more information, if needed.