



Bird's Eye View

March 26, 2014
Issue 30



Kenrose & Lipscomb Elementary Schools Present our 2nd Annual Collaborative Parent Education Program



The Heart of Boys and Girls: Understanding Their Emotional Development

Presented By:
David Thomas
and Sissy Goff

When: Thursday, March 27th
Time: 9am-10:15am
Where: The Martin Center
960 Heritage Way
Brentwood, TN

You Are
Invited!

This special event is sponsored by the PTOs, Counselors, and Counseling Committees of Kenrose and Lipscomb Elementary Schools.

Join us for a time to look at what it means to encourage, nurture, and support our kids' emotional development. David Thomas and Sissy Goff will talk through four important emotional milestones for boys and girls to hit along the journey of developing into maturity.

This presentation will also offer you:

- * Language to help you help your child learn to positively express their emotions, whatever age
- * Coping skills to help them handle their emotions in constructive rather than destructive ways
- * Ways to empower them to gain perspective and learn to self regulate emotionally

Dates to Remember:

- 03/01 - Walk Across Williamson**
03/31
- 03/27 Cardinal Connection,**
David Thomas/Sissy Goff,
Martin Center - 9:00 am
- 04/01 2nd Grade Music Program,**
Gym - 6:30 pm
- 04/02 Walk Across Williamson**
Logs Due
- 04/04 Spirit Friday**
- 04/07- Spring Recycling Drive**
04/11
- 04/08 April Skate Night,**
Brentwood Skate Ctr, 4:30 pm
- 04/18 Spring Holiday, No School**

Nutrition Nuggets Fun:

(WCS CSH Newsletter)

Fresh, frozen, or canned vegetables are all good for your children - the important thing is for them to eat a variety of vegetables all week long. If you buy canned vegetables, try to find ones with no added salt. And choose frozen vegetables that don't have butter or cream sauce.

For more healthy tips:

<http://www.wcs.edu/csh/nuggets/>

WILLIAMSON COUNTY FINE ARTS

FESTIVAL

Presented in partnership with the



Franklin Theatre
the Factory at Franklin
and the
Nashville Symphony



MARCH 28
8 pm

Baillie And The Boys
at
the Franklin Theatre



MARCH 29
9 am - 6 pm

Student Performances
and the
Nashville Symphony
Chamber Ensemble
at the Factory



Williamson County Health Council's 2014



GOAL

By averaging 60 minutes of physical activity **every day** during the month of March, a person can walk across Williamson County! From March 1 – 31, 2013, record each day the number of minutes you are physically active including time spent at PE, participating in afterschool activities, workouts in the gym, or engaging in active free play with your family.

Activity logs are available at <http://www.wcs.edu/csh/wxw/htm> and <http://www.fssd.org>.

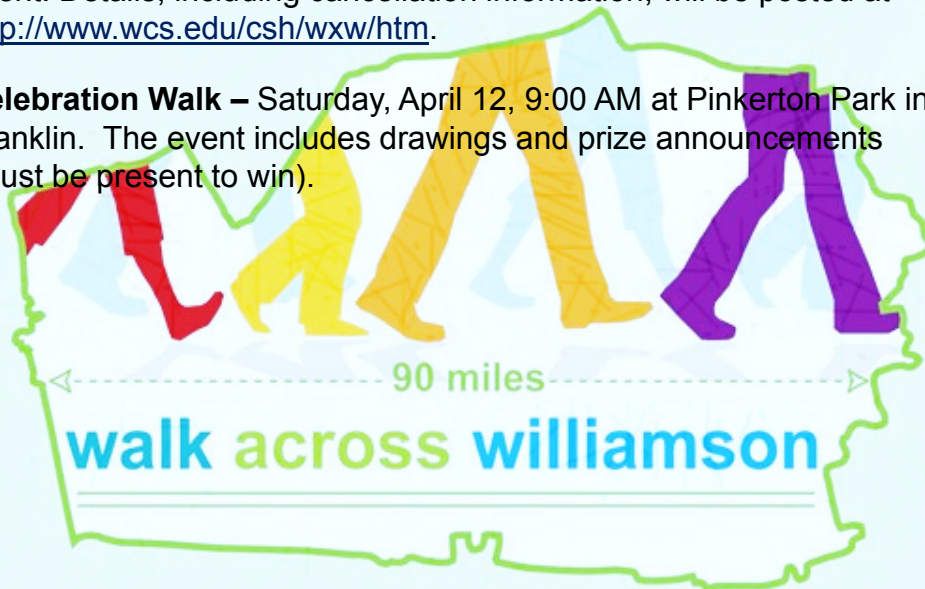
IMPORTANT DATES AND INFORMATION

Kick-Off Event – Saturday, March 1st from 9:00 – 10:00 AM. Pick up activity logs and get event details at participating parks:

- Brentwood – Woodland Middle School
- Fairview – Bowie Park
- Franklin – Pinkerton Park
- Thompson's Station-Thompson's Station Park

Earn a bonus day of activity by attending and walking at a kick-off event. Details, including cancellation information, will be posted at <http://www.wcs.edu/csh/wxw/htm>.

Celebration Walk – Saturday, April 12, 9:00 AM at Pinkerton Park in Franklin. The event includes drawings and prize announcements (must be present to win).



Community Members

Participate through submitting a Walk Across Williamson Activity Log.

School Community

Join your school's team and participate through school activity contests. Details are available through Coordinated School Health for your school district (WCS or FSSD)

Logs – Submit completed activity logs by **Tuesday, April 2nd** to the:

- designated teacher at your school; or
- Williamson CHD via fax (615.790.5967) or email patricia.norem@tn.gov

Sponsorship

If you're interested in providing financial support or prize donations for this event, please contact Patty Norem by calling 615.465.5350 or email patricia.norem@tn.gov

Sponsor names will be included on flyers and promotional advertising.

Questions? Contact:

Patty Norem (465-5350)
Patricia.norem@tn.gov

Cynthia Boykin (472-4089)
Cynthia.boykin@wcs.edu

Lisa Chatman (472-3847)
chatmanlis@fssd.org

Walk Across Williamson

March 2014

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|-------------------------|-------------------------------|-------------------------|-------------------------|-------------------------|-------------------------|
| Attendance at Kickoff Name of Park/School _____ (60 bonus minutes) | | | | | | 1 _____ Minutes |
| 2 _____ Minutes | 3 _____ Minutes | 4 _____ Minutes | 5 _____ Minutes | 6 _____ Minutes | 7 _____ Minutes | 8 _____ Minutes |
| 9 _____ Minutes | 10 _____ Minutes | 11 _____ Minutes | 12 _____ Minutes | 13 _____ Minutes | 14 _____ Minutes | 15 _____ Minutes |
| 16 _____ Minutes | 17 _____ Minutes | 18 _____ Minutes | 19 _____ Minutes | 20 _____ Minutes | 21 _____ Minutes | 22 _____ Minutes |
| 23 _____ Minutes | 24 _____ Minutes | 25 _____ Minutes | 26 _____ Minutes | 27 _____ Minutes | 28 _____ Minutes | 29 _____ Minutes |
| 30 _____ Minutes | 31 _____ Minutes | TOTAL _____ Minutes | | | | |

Name _____ Circle One: Community | School | Both (**Adult only**)

School Team (if applicable) _____ Circle Age Group: Youth (4-18) Adult (19-54) Senior (55+)

Instructions for using the activity log

Each day, record the number of minutes you are physically active. Physical activity may include, but is not limited to, time at PE, sports teams or individual lessons, gym workouts and/or walking.

1,800 minutes of physical activity during the month of March is equivalent to walking across Williamson County.

At the end of the month, calculate the **total** number of minutes you were physically active.

Students, parents, and teachers should submit completed logs by **Tuesday, April 2nd** to the designated teacher at your school.

Community members may submit logs by **Friday, April 4th** to the Williamson County Health Department via fax (615.790.5967) or email patricia.norem@tn.gov

To learn more about Walk across Williamson access fitness logs (electronic and paper), go to

<http://www.tssd.org> or <http://www.wcs.edu/csh/wxw.htm>



Kenrose Elementary is proud to
announce:

TENNESSEE!

As performed by the second grade
students.

Tuesday, April 1st, 2014

6:30 pm

(Students arrive at 6:00 pm)

Kenrose Gymnasium

(Students will wear dressy attire)

Nashville Kids' Triathlon

Saturday, June 14th

at Centennial Park, Nashville



Registration is open! Click on NASHVILLEKIDSTRIATHLON.ORG for more information

It is limited to 1,000 racers. Kenrose earns \$10 for every student after 10 that are registered!

FREE TRAINING IS AVAILABLE

YMCA : Offers a free 7 week program at Brentwood Y (contact: Josh Righter 373-9622) and MFY (contact: Eric Hager 373-2900). The student must be pre-registered for the triathlon.

AERO clinics: These clinics are at 2 hours long and we will be covering the swim, bike and run all together. They will be at East Park Community Center on Saturday, April 5th and Saturday, May 10th. The clinics are free for kids with a USAT membership, which they need for the kids triathlon anyway. Registration is at the website, <http://www.aerotriclub.com/clinics/>

Contact Anna Sellers at anna.sellers@wcs.edu for more information.

KENROSE CARDINALS 2014 RUN CLUB

Runners, please wear a Kenrose t-shirt or Run Club t-shirt on marathon day for easy identification. Run Club t-shirts are not required for participation. Please click-on the link below if you would like to purchase one.

If you have any questions or concerns, please contact Anna Sellers,
anna.sellers@wcs.edu

<http://kenrose.deco-apparel.com>

KENROSE ENCORE

2014

Save the Date!

The program will be held at Kenrose Elementary during the
weeks of

June 9 - 13 and June 16-20.

8:30 a.m. – 3:00 p.m.

Save the date and make your plans now to be a part
of ENCORE!

The program will be available for students who are
entering 1st grade-5th grade during the 2014-15 school
year. Friends from other schools are welcome!

Brochures will go home the week of March 24th and
an April registration date will be announced soon.

Please send all inquiries to kesencore@gmail.com.

Kenrose ENCORE 5th Grade All-Star Application

Name _____

Preferred Parent Email for Communication _____

ENCORE All-Stars will serve as assistants throughout the week of ENCORE Camp. ENCORE All-Stars need to arrive by 8:00am each morning and be ready to be picked up at the normal dismissal time of 3:00 pm. ENCORE All-Stars will assist in a variety of classes and will also help prepare for the beginning of the day, assist in t-shirt distribution, and prepare for our end of the week assembly. ENCORE All-Stars will attend all ENCORE Staff Meetings and will need to bring their own sack lunch. Being an ENCORE All-Star is a privilege, and the cost will be free for students who are chosen. Students will be asked to sign a behavior/commitment form for the week(s) they are chosen.

I am interested in _____ June 9-13, _____ June 16-20, or _____ BOTH.

1. Why do you want to be an ENCORE All-Star?

2. Tell us specific hobbies or talents that would enable you to be a great ENCORE All-Star.

3. If chosen, rate the following categories 1-9 (1 being your top choice) in the areas that interest you:
 - a. ___ Sports
 - b. ___ Arts and Crafts
 - c. ___ Technology
 - d. ___ Cooking
 - e. ___ Games
 - f. ___ Music
 - g. ___ Photography
 - h. ___ Languages
 - i. ___ Literature

ENCORE All-Star Application (Continued)

4. Please list your numerical grades in the following subjects:
- a. _____ Math
 - b. _____ Science
 - c. _____ Reading
 - d. _____ Social Studies
5. Please list your T-shirt Size from YS to Adult XL. _____
6. Please have two teachers vouch for your character and ability to be an ENCORE All-Star. Please have them sign below.

Teacher Name

Teacher Signature

Date

Teacher Name

Teacher Signature

Date

Comments by Teachers (Optional):

Please have your teacher give the completed application and signed behavior policy to Sandy Stephens (KES Teacher) by April 15, 2014. Send inquiries to kesencore@gmail.com.

****This opportunity is only offered to current (2013-14) KES 5th grade students.**

Thank you for your interest in being an ENCORE All-Star! You will be notified by email by May 1, 2014 if you are chosen to assist with the program.

All Star Behavior Policy

All Stars participating in ENCORE are expected to follow all Williamson County School Board policies and Kenrose Elementary rules. Students who do not follow the board policies and school rules are subject to being relieved of their duties. Parents will be called to pick up students who continue to be disruptive to the program. If you have any questions about the behavior policy, please contact Sandy Stephens at kesencore@gmail.com.

We have read and understand the ENCORE Behavior Policy.

Parent Signature

Date

Student Signature

Date

March 2014

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--------------------|--------------------|--------------------|--------------------|--------------------|----------|--------|
| | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 Spring Break | 18 Spring Break | 19 Spring Break | 20 Spring Break | 21 Spring Break | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 31 | | | | | | |

April 2014

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--------|---------|-----------|----------|-------------------------------------|----------|--------|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 Spring Holiday - No School | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | | | | |

PTO News & Events



We have had great support for our Boxtop Program at Kenrose! Thanks to all of the families that are clipping their tops neatly and submitting them on Spirit Days. If you do any online shopping, please go through www.boxtops4education.com website. Just use the marketplace page, the online shopping page, and we can earn cash for all of your online purchases. It is very simple to use. Please also send in your Campbell Soup labels and Tyson A+ labels off of your frozen chicken products. We can earn school supplies and cash for Kenrose with all of these programs.

Our current leading classes for our Boxtops Contest so far this year:

Kindergarten: Gunning 724, Hedgepath/Lifsey 541

First: Finch 683, Rogers 496

Second: Janski 718, Clayborne 478

Third: Evans 608, Davidson 555

Fourth: Darvin 561, Griffin 546

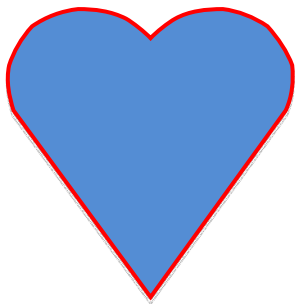
Fifth: Howell 934, Lien 297

Keep up the good work by sending those tops and labels in! PLEASE NEATLY CUT YOUR BOX TOPS. The top class from each grade will have a great end of year party for their contributions! If you are interested in volunteering for Box tops, please contact SherriHanfland@comcast.net.

Kenrose Elementary 2014-2015 PTO Executive Board Officers

**The following slate of officers was approved at the March 24 GPTO meeting.
Our thanks to these individuals for their willingness to serve!**

| | |
|--------------------------------------|-----------------------------|
| President: | Allison Hayes |
| VP Membership: | Lanesia Strange |
| VP Projects: | Julie Kelley |
| VP Fundraising: | Tricia Murray |
| Asst. VP Fundraising: | Carla Green |
| Treasurer: | Kristyn Roseborough |
| Asst. Treasurer: | Kristen Richardson |
| Recording Secretary: | Julie Hunsinger |
| Public Relations Coordinator: | Jacqueline Cartailer |
| Parliamentarian: | Jenifer Lapinsky |



KENROSE HAS A HEART FOR HELPING OTHERS!

Spring Glenview Clothing Drive

May 9-14th Collections

May 15th Distribution at Glenview

Please save your spring and summer clothing
and shoes for the clothing drive.

If you would like to volunteer with your 3rd-
5th grader, please contact Robin Severance:
Sevy20@comcast.net.

PHOEN



Save the Date
5th Grade
Promotion
Rescheduled to
Monday, May 19th

The Bird's Eye View is sent out every Wednesday during the school year to the email addresses registered with the Kenrose PTO, as well as posted on the Kenrose Elementary website at <http://www.wcs.edu/kes>. If you need to change or add an email address on our distribution list, please contact Johnna Miller at johnna.miller@comcast.net to update your information. If you have any questions, please contact us at KenrosePTO@yahoo.com.

Bird's Eye View Guidelines:

Our Mission is to make the school newsletter as concise as possible while still providing parents all of the important information they need. We would like to avoid lengthy articles, and instead, include links to the article online if parents need/want more information. Thank You!

- 5 pm Monday is the deadline for submittals to kenrosept@yahoo.com.
- Submissions should be in Word format, or in the body of an email. Please send a separate file/email for each submission.
- All submissions must be approved by a board member or Dr. Webb, and copied to Dr. Webb at marilynw@wcs.edu, Christy Geuther, PTO President, at imgcag@comcast.net, and Jacqueline Cartailier at kenrosept@yahoo.com.
- Please limit 1 picture per article.
- Use limited clip art at your discretion.
- No advertisements allowed. Only WCS camps or activities that our students can participate in. We can post brief descriptions of an event to our feeder schools with a link to the web address for parents to access more information, if needed.

Community Event Invitations Extended to Kenrose Students



Woodland Cheerleading Tryouts

Competition Team Tryouts

Dates: March 25, 26, & 27

Time: 5:00 - 7:00 pm

Location: Premier Athletics

School Tryouts:

Football & Basketball

Dates: April 7, 8, & 9



Woodland Middle School Fifth Grade Open House

Monday, March 31, 2014

Tours begin at 6:00 pm followed by program in the gym at 6:30 pm for all incoming fifth grade students and parents.

WOODLAND MIDDLE SCHOOL

JV and Varsity DANCE TEAM TRYOUT PACKET

Dance team tryouts are open to any students entering 6th-8th grades at WMS the fall of 2014. Woodland Middle will have two teams. We offer a JV team for dancers in 6th or 7th grades. The WMS Varsity team is for dancers 6th-8th grade.

Tryouts will be held in the WMS gym.

The completed application must be returned to the WMS office by Friday, March 14th.

WORKSHOP: Tuesday, March 25th 4:00-5:30 PM

TRYOUT: Wednesday, March 26th 4:00-5:30 PM (rising 6th graders will go last)

**Tryouts are closed to all non-applicants.*

NEW TEAM PARENT MEETING: Tuesday, April 1st 6:30 at Woodland Middle cafeteria

Questions- email Jenna Lamm (Woodland Dance Team Sponsor) at jennap@wcs.edu

WOODLAND MIDDLE SCHOOL
1500 VOLUNTEER PARKWAY
BRENTWOOD, TN 37027

RHS Basketball Camp

Ravenwood Basketball is pleased to announce its summer camp lineup. We are hosting our Middle School Camp (Rising 6th-8th Grade, Boys Only) on June 2-3 from 8am-10am. Cost is \$50. We are hosting our Junior Camp (Rising 1st-5th, Boys and Girls) from June 9-12th from 8am-11am. Cost is \$90. We are also hosting Middle School Boys clinics for 6th-8th graders on Sundays from 4-5pm. March 30, April 6, 13, 20, 27, May 4. Cost is \$90.

You can download applications at www.ravenwoodbasketball.com or contact Patrick Whitlock at patrickw@wcs.edu for more information.

Patrick Whitlock
Athletic Director/ Boys Basketball Coach/ Social Studies
Ravenwood High School
615.472.4808



2014 VOLLEYBALL TRYOUTS



Place: Woodland Gym

Date: May 14th-16th (Wednesday-Friday)

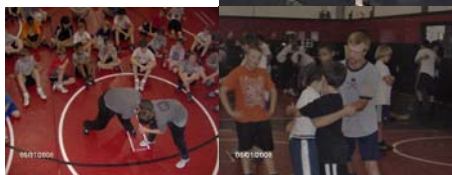
**Times: 3:00-4:30 (8th and 7th ONLY)
4:30-6:00 (6th)**

(Please make sure you have a [PHYSICAL FORM/PARENTAL CONSENT FORM](#) on file before trying out.)

Thank you,
Coach Sordelet (V), Coach Wingard (JV), and Coach Shults (6th)

If you have any questions please email: Rachels1@wcs.edu

Publix



Give your child the extra advantage next season and...

REGISTER HIM FOR CAMP TODAY!!!



Middle Tennessee Youth Wrestling Camp for Champs

810 Hillsboro Rd.
Franklin, Tn
37064
Phone No. 504-920-2517
Email address: frank.barbrie@wcs.edu



**Middle Tennessee Youth Wrestling
Camp for Champs**

"SUMMER CAMPS MAKE WINTER CHAMPS"

MIDDLE TENNESSEE YOUTH WRESTLING CAMP FOR CHAMPS

Summer Camps Make Winter Champions"

For Wrestlers Entering the 1st Grade
Through...Leaving the 8th Grade

- . Dedicated Staff
- . Personalized Instruction
- . Intense Drills
- . Live Wrestling
- . Motivation/Self-discipline

JUNE 4th TO JUNE 6th, 2014
*Registration will begin from 8:30 am
Wednesday morning @ Franklin High
School. (Main Gymnasium, 810 Hillsboro
Road) Franklin, Tn.*

TIME: 9:00 am—2:45 pm

PLACE: Franklin H.S. Main Gym



Tel: 504-920-2517

Middle Tennessee Youth Wrestling Camp
for Champs **AGREEMENT AND MEDICAL
CONSENT.**

In consideration of your acceptance of my
entry for this wrestling camp
I, _____

will follow the rules set forth by the Camp
Directors. I am in good physical condi-
tion and understand if I am under (18)
eighteen years of age, I am required con-
firmation of this agreement by my par-
ents) or guardian (s).

WRESTLER'S SIGNATURE: (below)

PARENT/GUARDIAN SIGNATURES:
(below)

EMERGENCY PHONE #: (below)

I/We the undersigned, hereby authorize any first aid,
medication, medical treatment or surgery deemed
necessary in case of an emergency for

A participant in this wrestling camp. I/We, the un-
dersigned, hereby authorize the attending medical
personnel to execute on my/our behalf any permis-
sion forms and other appropriate documents and act
on my/our behalf if I/We are immediately unavaila-
ble to do so. The Middle TN Youth Wrestling Camp
for Champs nor host school provide insurance cover-
age for enrolled wrestlers against expenses of acci-
dent, injury, or illness suffered while at camp, enroll-
ment and participation is the sole risk of the enrolled
wrestler and his parents or guardian. This agreement
will serve as a full release and discharge for the
camp and its officials from any and all liability from
loss, damage or injury suffered by the child or under-
signed. The undersigned will indemnify the camp,
host school and its directors and hold them harmless
against claims or suits made or brought by anyone on
account of such injury, illness or loss. Any photos
taken of campers may be used in future camp flyers.

Wrestler's Signature:

Date: ____/____/14
PARENTS SIGNATURE:

DATE: ____/____/14

****Please attach a wallet sized picture of the
applicant to this page with a paper clip.**

Middle Tennessee Youth Wrestling Camp for
Champs— **APPLICATION FORM - 2014**

Name _____

Grade Next year _____

Email Address (print legibly):

Parents'/Guardians' Names

Address:

City _____
State _____ Zip _____
Phone # (____) _____

Wrestler's Weight _____
Wrestler's
School _____

2nd Contact _____
Phone # (____) _____

3rd Contact _____
Phone # (____) _____

Circle wrestler's shirt size (below):

Shirt Size: YSM YM YL AS AM AL

*Agreement of Medical Consent on all pages must
be filled out completely and Signed to complete
Camp Registration.*

Camp Information

CAMP DIRECTOR: FRANK BARBRIE

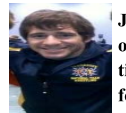
Clinicians



Matt Fisk—Asst. Coach Appalachian State. 2X PA State Champion. Fisk, who previously owned the Pennsylvania high school record for career wins and falls, compiled a 175-9 record with 117 falls and finished as the winningest wrestler in Pennsylvania history following the completion of his senior year. Matt had an outstanding career at Lehigh University of Pa, where he was a three-time team captain and a four-time NCAA qualifier .



Mike Hatcher - Wrestled for legendary Iowa Coach, Dan Gable. Coach Hatcher was an assistant coach for the UTC Mocs and has over 15 years combined, coaching at both the high school and collegiate levels.



Jeremy Welder—University of Nebraska NCAA D-I National Qualifier. Head Coach for the WASBO wrestling club.



*Along with the Franklin H.S. coaching staff and team members.

**Disclaimer: All/any clinicians are subject to change with-out notice.*

CAMP DESIGN AND CURRICULUM

We, the instructional staff, have designed this camp for the Youth Wrestler. Our goal and objective is to teach your child how to win matches using high percentage scoring moves and holds, that will work at the Youth, Jr, high and High School level. For a wrestler to succeed consistently, he must be good from all positions. Many camps are simply thrown together with no real focal point or plan for building a well rounded wrestler. Middle Tennessee Youth Wrestling Camp for Champs has been carefully planned with a sequence of instruction, review sessions, and (muscle memory) drills, that will help the wrestler score from all positions.

Campers will learn a variety of set-up actions that will allow them to constantly pressure their opponent and always maintain good position on their feet. Our staff will show in detail a variety of leg attacks and how to finish the same shot in more than one way. **Top Position**— emphasis will be placed on cradles, bars, tilts and leg wrestling. **Bottom Positions**— the staff will show a variety of ways to score from bottom, but the primary focus will be placed on the stand-up and sit-out series, because they are the safest, quickest, and most effective means of scoring on bottom.

CAMP COST AND ELIGIBILITY

- \$110 for two and half days of instruction, plus entry into the camp tournament on the third day (with USA or AAU wrestling card) \$15 off for siblings.
- \$145 for two and a half days of instruction, plus entry into the camp tournament (without USA or AAU Wrestling card).
- \$50 non-refundable deposit due by May 15th (Checks payable to **FHS Takedown Club**).

- Note: Campers must meet the range on the front of this flyer as well as have a grasp of basic wrestling skills.

CAMP INCLUDES

- * Dedicated Staff
- * Live wrestling
- *Intense Drills
- * 4 hrs. of instruction each day
- * Entry into Camp Tournament
- * Camp T-Shirt

Campers Must Bring

- * Wrestling Shoes
- *Head-Gear
- * Extra T-shirt per session (if needed)
- *Knee pads, Athletic tape, braces (if needed)
- *Sack lunch— **** the camp will have a full concession stand available for campers to buy lunch**

CAMP TOURNAMENT

A camp tournament will be held during the second half of the third day of camp. Medals will be awarded to the top four wrestlers in each weight class, and a trophy will be awarded to the Outstanding Wrestler of the tournament.

Match time periods:

Youth matches will consist of (3) 60 second periods.
Middle School will consist of (1) 60 sec, (2) 90 second periods.

Youth weigh classes (8 years and under): 35, 40, 45, 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, Hwt.

Youth weight classes (9-11 years) 55, 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 120, 130, Hwt.

Middle school weight classes (12-14 years) 76, 83, 91, 99, 106, 113, 119, 125, 131, 141, 151, 165, 180, 215, (250 Hwt.)

**Disclaimer: The camp director reserves the right to add, delete or combine any weight classes the day of the tournament.*

Middle Tennessee Youth Wrestling Camp for Champs

| Sign up for: | Price |
|---|----------|
| <input type="checkbox"/> Camp fee with USA or AAU wrestling card | \$110.00 |
| Sibling discount USA/AAU Wrestling Card # _____ | \$ _____ |
| Expiration Date: ____/____/____ | |
| **Please send a copy of the USAW /AAU card with your application and camp fee | |
| <input type="checkbox"/> Camp fee with-out USA or AAU wrestling card | |
| Subtotal: | _____ |
| Total: | _____ |

| | |
|---------|-------|
| Name | _____ |
| Address | _____ |
| | _____ |
| | _____ |
| Phone | _____ |

Method of Payment

☐ Check

Middle Tennessee Youth Wrestling Camp for Champs

| | |
|--|---|
| 810 Hillsboro Rd. Franklin, Tn 37064 | Phone: 504-920-2517 Email: frank.barbrie@wcs.edu |
|--|---|