

## Bird's Eye View

May 14, 2014 Issue 36

## Volunteer Breakfast

May 16, 2014

7:30-8:30 KES Cafe

Hosted by Kenrose Faculty, Staff, and Administration

In honor of your outstanding contributions to our school, we invite and encourage all of our wonderful volunteers to attend Kenrose Elementary School's annual Volunteer Breakfast!

Thank you for all you do for Kenrose!

PLEASE RSVP TO YOUR OLDEST/ONLY CHILD'S TEACHER by Thursday May 15<sup>TH</sup>, 2014.

(\*We plan our breakfast at 7:30 so that teachers may visit with you before the hustle and bustle of their day begins. In order for you to join us at this early hour, your child/children are invited to attend with you. Please include them in your reply.)

### Dates to Remember:

05/09- Glenview Spring Clothing

05/14 Drive

05/12- International Week

05/16

05/14 International Day

05/15 Glenview Distribution Day

05/16 Volunteer Breakfast,

Kenrose Café - 7:30 am

05/16 Field Day

05/16 GPTO Meeting,

Kenrose Café - 8:10 am

05/19 5th Grade Promotion

05/21 Last Day of School

### **Nutrition Nuggets Fun:**

(WCS CSH Newsletter)

When you go to the grocery store, "shop the perimeter" first. The outside aisles are where you'll usually find fresh produce, healthy diary products (fat-free milk, yogurt, and cheese), and fresh meats, chicken, and fish. Fill your cart mostly with those items, and then get what you need from the middle of the store.

http://www.wcs.edu/csh/nuaaets/



## International WEEK (May 12-16) at Kenrose! All KES parents are invited!

### Dear Parents:

We are fortunate at Kenrose Elementary School to be well represented by families from around the world. For the past twelve years, we have been celebrating our school's diversity. This year, we will have an **International Week** with a school-wide celebration on **Wednesday, May 14th**. International Week (May 12 – May 16) will feature displays of continents throughout the Kenrose hallways. We would like to include *all parents* who would enjoy helping set up hallway themes with gateways and decorations. This is for everyone, not just families of ESL students.

The May 14<sup>th</sup> International Day itself showcases the cultures of **all** families who come from other countries and now reside in the United States. Displays of traditional clothing, games, music, photos, maps and performances are set up for viewing. Throughout the day, all Kenrose students "travel" to the countries and take part in the activities. Students have the opportunity to learn so much about the cultures represented among their classmates' families.

If you would like to take part in this special learning experience at Kenrose, please fill out the lower part of this page and return it to the ESL Department, or email the information.

If you have any questions or comments, please ask. Thank you.

Anne Marie Peterson and Dawn Drugeot ESL Specialist Kenrose Elementary School 472-4631, ext. 7029

anne.peterson@wcs.edu, dawn.drugeot@wcs.edu

Please return to:	Anne Marie Peterso	on or Dawn Drugeot
I am interested in	receiving information	about International Day

My name:	1-1	
My phone:	email:	
My child/children at Kenrose:		
Homeroom grade and teacher(s):		
Country of representation or interest: _		



## Field Day 2014

## FIELD DAY VOLUNTEERS

Dear Parents,

Our Field Day will be on **FRIDAY**, **MAY 16**. We want to have as many parent volunteers as possible to work the 25 activity stations. If you are able to help, you will need to fill-out the information sheet below and return it to your child's classroom teacher as soon as possible.

As a Field Day volunteer, you are invited to "The Volunteer Breakfast" starting at 7:30 am in the Kenrose Café.

All Field Day volunteers will need to report to the gym @ 8:30 am for instructions and assignments.

The stations will be open from 9:00 am until 12:00 pm.

There is **NO RAIN DATE**.

Please email leev@wcs.edu with any questions.

Thanks for volunteering!!!

Lee Vaughn and Anna Sellers

\_\_\_\_\_

### I WILL BE ABLE TO HELP FOR FIELD DAY

PARENT'S NAME:		
CHILD'S NAME:		

GRADE TEACHER'S NAME: \_\_\_

PLEASE REMEMBER TO FILL-OUT THE VOLUNTEER APPLICATION IF THIS HAS NOT PREVIOUSLY BEEN COMPLETED. THE FORM IS AVAILABLE AT THE SCHOOL, OR THE WCS.EDU WEBSITE. THANK YOU.

### Nashville Kids Triathalon Saturday, June 14<sup>th</sup> at Centennial Park, Nashville

Registration is open! Click on <u>NASHVILLEKIDSTRIATHLON.ORG</u> for more information

It is limited to 1,000 racers. Kenrose earns \$10 for every student after 10 that are registered!



### \*FREE TRAINING IS AVAILABLE\*

YMCA: Offers a free 7 week program at Brentwood Y (contact: Josh Righter 373-9622), MFY (contact: Eric Hager 373-2900), and Franklin Y (contact: Jenny Beadle 591-0322). The student must be pre-registered for the triathlon.

AERO clinics: These clinics are at 2 hours long and we will be covering the swim, bike and run all together. They will be at East Park Community Center on Saturday, April 5th and Saturday, May 10th. The clinics are free for kids with a USAT membership, which they need for the kids triathlon anyway. Registration is at the website, <a href="http://www.aerotriclub.com/clinics/">http://www.aerotriclub.com/clinics/</a>

Contact Anna Sellers at anna.sellers@wcs.edu for more information.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21  ½ day for students - No specials!	22	23 Administrative Day	24	25
26	27	28	29	30	31	

## **PTO News & Events**



# Pennies for Patients News

Kenrose Elementary raised an incredible amount for the Leukemia & Lymphoma Society. Thank you to KES families for your participation.



We raised an impressive grand total of:

\$11,538.07

Kenrose Elementary School raised more money for Pennies for Patients than any other in the state of Tennessee!



Congratulations to KES for being #1 in the State!

We are so proud of the Kenrose community for supporting this great cause. Ice cream will be served on field day compliments of the Leukemia & Lymphoma Society!

Thank you for your support

Kenrose has participated in the Pennies for Patients Program for 12 years with a

Grand Total Raised of: \$101,044.78

## Mark your calendar: Spring Glenview Clothing Drive

Please save gently used summer clothes and shoes for the clothing drive (Greatest need: new shoes, and boys and girls clothing in size 6-8)

Collections: May 9-May 14 - Parent and student volunteers collect and sort donations in the morning carpool line



**Distribution:** May 15 - Parent and student volunteers  $(3^{rd} - 5^{th})$  grade) who have worked 2 mornings of collections may attend distribution.

If you are interested in helping with the clothing drive or have any questions, please contact Robin Severance (<a href="mailto:sevy20@comcast.net">sevy20@comcast.net</a>).





## Rising Kindergarten Girl Scout Daisy Day – May 31<sup>st</sup>!

Do you know a girl who will be in kindergarten next year? Tell her about Daisy Day! Daisy Day is a chance for girls to participate in fun activities while learning all about what that Girl Scouts has to offer them. Daises scouts are girls that are in



kindergarten or the first grade. The event is Saturday, May 31<sup>st</sup> at the log cabin in Crockett Park. It is a come and go event...stop by and visit us between 10:00 and 2:00. If you have any Questions, please Email <a href="mailto:gssu178@gmail.com">gssu178@gmail.com</a>.

### Kenrose School Supplies

### \*\*\*\*DEADLINE May 30\*\*\*\*

Yippee!!! It is now time to pre-order your child's school supplies for the 2014-2015 school year!! The school supply program is provided as a service by the PTO to assist Kenrose parents in purchasing the exact supplies that the children will need for the upcoming school year. It is not by design a fundraiser.

Please note, all items that are requested from your teacher will be included in the kit price and delivered to school. We anticipate distributing school supply packs to families/class rooms at the Back to School Bash but details on that are being worked out. So stay tuned....

All orders will now be placed on-line directly with SchoolKidz. It is very easy and secure to order on line. p

Go to www.shopttkits.com and Enter account #7800.

You may place your order by using SchoolKidz On-line Store from Thursday, May 1 thru Friday, May 30.

To view the full list of supplies that are required by each grade, go to www.wcs.edu/kes.

If you have any questions, please contact Robin Wilson at wjohnrobin@bellsouth.net or at 945-2637.





# Save the Date 5 th Grade Promotion Rescheduled to Monday, May 19th

## Community Event Invitations Extended to Kenrose Students

### **RHS Basketball Camp**

Ravenwood Basketball is pleased to announce its summer camp lineup. We are hosting our Middle School Camp (Rising 6<sup>th</sup>-8<sup>th</sup> Grade, Boys Only) on June 2-3 from 8am-10am. Cost is \$50. We are hosting our Junior Camp (Rising 1<sup>st</sup>-5<sup>th</sup>, Boys and Girls) from June 9-12<sup>th</sup> from 8am-11am. Cost is \$90.

You can download applications at <a href="www.ravenwoodbasketball.com">www.ravenwoodbasketball.com</a> or contact Patrick Whitlock at <a href="mailto:patrickw@wcs.edu">patrickw@wcs.edu</a> for more information.

Patrick Whitlock
Athletic Director/ Boys Basketball Coach/ Social Studies
Ravenwood High School
615.472.4808





2014 Ravenwood Elementary Tennis Camp

Dates: May 27<sup>th</sup> and 28<sup>th</sup>

Time: 9:00 to 10:00 am

Location: Ravenwood High School

Cost: \$25

The 2014 Ravenwood Elementary Tennis Camp is a camp for kids who have never played tennis or have had little exposure to the sport. The Camp will be conducted by Robbie McCammon, Chris Bates, Len Serafino (All Ravenwood Coaches) and many of the students on the team. This camp is designed to learn some of the basics, have fun and start to enjoy the game for life. All proceeds will go to the Ravenwood Tennis Team to help them continue their growth for the next season. For those interested please fill out the attached form and email it to the address below. Please make the checks payable to the Ravenwood Racket Club and if you have any questions please email Robbie McCammon at mccammonr@aol.com or call 429-0655.

Thanks for your support and we look forward to seeing you soon.

The Ravenwood Boys and Girls Team





### **2014 VOLLEYBALL TRYOUTS**

Place: Woodland Gym

Date: May 14<sup>th</sup>-16<sup>th</sup> (Wednesday-Friday)

Times: 3:00-4:30 (8th and 7th ONLY)

4:30-6:00 (6<sup>th</sup>)

(Please make sure you have a <a href="https://percent.consent.consent">PHYSICAL FORM/PARENTAL CONSENT</a>
FORMon file before trying out.)

Thank you, Coach Sordelet (V), Coach Wingard (JV), and Coach Shults (6<sup>th</sup>)

If you have any questions please email: Rachels1@wcs.edu

## YOUTH WRESTLING CAMP FOR CHAMPS

"Summer Camps Make Winter Champions"

For Wrestlers Entering the 1st Grade
Through...Leaving the 8th Grade

. Dedicated Staff

. Personalized Instruction

. Intense Drills

. Live Wrestling

. Motivation/Self-discipline

### JUNE 4th TO JUNE 6th, 2014

Registration will begin from 8:30 am Wednesday morning @ Franklin High School. (Main Gymnasium, 810 Hillsboro Road) Franklin, Tn.

TIME: 9:00 am - 2:45 pm PLACE: Franklin H.S. Main Gym



Give your child the extra advantage next season and...

## REGISTER HIM FOR CAMP TODAY!!!



Middle Tennessee Youth Wrestling Camp for Champs

810 Hillsboro Rd. Franklin, Tn 37064

Phone No. 504-920-2517 Email address: frank.barbrie@wcs.edu



Middle Tennessee Youth Wrestling Camp for Champs

"SUMMER CAMPS MAKE WINTER CHAMPS"

## MIDDLE TENNESSEE YOUTH WRESTLING CAMP FOR CHAMPS

Summer Camps Make Winter Champions"

For Wrestlers Entering the 1st Grade Through...Leaving the 8th Grade

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TIME: 9:00 am-2:45 pm

PLACE: Franklin H.S. Main Gym



Tel: 504-920-2517

## Middle Tennessee Youth Wrestling Camp for Champs <u>AGREEMENT AND MEDICAL</u> <u>CONSENT</u>.

In consideration of your acceptance of my

will follow the rules set forth by the Camp Directors. I am in good physical condition and understand if I am under (18) eighteen years of age, I am required confirmation of this agreement by my par-

WRESTLER'S SIGNATURE: (below)

ents) or guardian (s).

entry for this wrestling camp

PARENT/GUARDIAN SIGNATURES: (below)

EMERGENCY PHONE #: (below)

I/We the undersigned, hereby authorize any first aid, medication, medical treatment or surgery deemed necessary in case of an emergency for

A participant in this wrestling camp. I/We, the undersigned, hereby authorize the attending medical personnel to execute on my/our behalf any permission forms and other appropriate documents and act on my/our behalf if I/We are immediately unavailable to do so. The Middle TN Youth Wrestling Camp for Champs nor host school provide insurance coverage for enrolled wrestlers against expenses of accident, injury, or illness suffered while at camp, enrollment and participation is the sole risk of the enrolled wrestler and his parents or guardian. This agreement will serve as a full release and discharge for the camp and its officials from any and all liability from loss, damage or injury suffered by the child or undersigned. The undersigned will indemnify the camp, host school and its directors and hold them harmless against claims or suits made or brought by anyone on account of such injury, illness or loss. Any photos taken of campers may be used in future camp flyers.

Wrestler's Signature:

Date: \_\_/\_\_/14 PARENTS SINGATURE:

DATE: \_\_\_\_/\_\_\_/

\*\*Please attach a wallet sized picture of the applicant to this page with a paper clip.

Name					
Grade Next	year				
Email Addre	ess (pr	int legi	bly):		
Parents'/Gua	ardians	s' Nam	es		
Address:					
CityState		7.			
Phone # (	<u> </u>	Zıp			
Wrestler's V	Veight				
Wrestler's School					
2nd Contact Phone # (	)				
3rd Contact_ Phone # (	)				

Agreement of Medical Consent on all pages must

be filled out completely and Signed to complete

Camp Registration.



### **Camp Information**

#### CAMP DIRECTOR: FRANK BARBRIE

### Clinicians



Matt Fisk—Asst. Coach Appalachian Sate. 2X PA State Champion. Fisk, who previously owned the Pennsylvania high school record for career wins and falls,

compiled a 175-9 record with 117 falls and finished as the winningest wrestler in Pennsylvania history following the completion of his senior year. Matt had an outstanding career at Lehigh University of Pa, where he was a three-time team captain and a four-time NCAA qualifier.



Mike Hatcher - Wrestled for legendary Iowa Coach, Dan Gable. Coach Hatcher was an assistant coach for the UTC Mocs and has over 15 years

combined, coaching at both the high school and collegiate levels.



Jeremy Welder—University of Nebraska NCAA D-I National Qualifier. Head Coach for the WASBO wrestling club.



\*Along with the Franklin H.S. coaching staff and team members.

#### **CAMP DESIGN AND CURRICULUM**

We, the instructional staff, have designed this camp for the Youth Wrestler, Our goal and objective is to teach your child how to win matches using high percentage scoring moves and holds, that will work at the Youth, Jr. high and High School level. For a wrestler to succeed consistently, he must be good from all positions. Many camps are simply thrown together with no real focal point or plan for building a well rounded wrestler. Middle Tennessee Youth Wrestling Camp for Champs has been carefully planned with a sequence of instruction, review sessions, and (muscle memory) drills, that will help the wrestler score from all positions.

Campers will learn a variety of set-up actions that will allow them to constantly pressure their opponent and always maintain good position on their feet. Our staff will show in detail a variety of leg attacks and how to finish the same shot in more than one way.

Top Position— emphasis will be placed on cradles, bars, tilts and leg wrestling. Bottom Positions— the staff will show a variety of ways to score from bottom, but the primary focus will be placed on the stand-up and sit—out series, because they are the safest, quickest, and most effective means of scoring on bottom.

#### **CAMP COST AND ELIGBILITY**

- \$110 for two and half days of instruction, plus entry into the camp tournament on the third day (with USA or AAU wrestling card) \$15 off for siblings.
- \$145 for two and a half days of instruction, plus entry into the camp tournament ( without USA or AAU Wrestling card),
- \$50 non-refundable deposit due by May 15th (Checks payable to *FHS Takedown Club*).

 Note: <u>Campers must meet the range on the</u> front of this fliver as well as have a grasp of basic wrestling skills.

### **CAMP INCLUDES**

- \* Dedicated Staff \* 4 hrs. of instruction each day
- \* Live wrestling
- \* Entry into Camp Tournament

### **Campers Must Bring**

- \* Wrestling Shoes \*Head-Gear
- \* Extra T-shirt per session (if needed)
- \*Knee pads, Athletic tape, braces (if needed)
- \*Sack lunch- \*\* the camp will have a full concession stand available for campers to buy lunch

### **CAMP TOURNAMENT**

A camp tournament will be held during the second half of the third day of camp. Medals will be awarded to the top four wrestlers in each weight class, and a trophy will be awarded to the Outstanding Wrestler of the tournament.

#### Match time periods:

Youth matches will consist of (3) 60 second periods.

Middle School will consist of (1) 60 sec, (2) 90 second periods.

Youth weigh classes (*8 years and under*): 35, 40, 45, 50, 55, 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, Hwt.

Youth weight classes (9-11 years) 55, 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 120, 130, Hwt.

Middle school weight classes (*12-14 years*) 76, 83, 91, 99, 106, 113, 119, 125, 131, 141, 151, 165, 180, 215, (250 Hwt.)

\*Disclaimer: The camp director reserves the right to add, delete or combine any weight classes the day of the tournament.

### Middle Tennessee Youth Wrestling Camp for Champs

Sign up for:	Price
Camp fee with USA or AAU wrestling card	\$110.00
Sibling discount USA/AAU Wrestling Card # Expiration Date:/	\$
**Please send a copy of the USAW /AAU card with your application and camp fee	
Camp fee with-out USA or AAU wrestling card	
Subtotal:	
Total:	
Name	
Name	
Address	
Phone	
Method of Payment	

#### Middle Tennessee Youth Wrestling Camp for Champs

810 Hillsboro Rd. Phone: 504-920-2517
Franklin, Tn Email: frank,barbrie@wcs.edu
37064

<sup>\*</sup>Disclaimer: All/any clinicians are subject to change with out notice

## 2014 RAPTOR FOOTBALL CAMP

**DATES:** JUNE 18-20 WEDNESDAY-FRIDAY

TIME: 5:30 - 7:30 p.m.

LOCATION: RHS Stadium

COST: \$60 INCLUDES OFFICIAL CAMP SHIRT

AGES: RISING 1ST -8TH GRADE NO EXPERIENCE REQUIRED

The Ravenwood Youth Football Camp will feature second-to-none instruction from the Ravenwood Varsity Football Staff. It will be a high-energy, high-excitement, three days of football action. Campers will learn fundamentals and techniques that they will be able to incorporate at any level of football they might play. We encourage the parents to come out as well as we will offer information and facility tours for you while your child is participating in the camp. We look forward to seeing you in June!

Go Raptors, Coach Will Hester #G2BARR



REGISTER ONLINE AT: www.ravenwoodfootball.com



The Bird's Eye View is sent out every Wednesday during the school year to the email addresses registered with the Kenrose PTO, as well as posted on the Kenrose Elementary website at <a href="http://www.wcs.edu/kes">http://www.wcs.edu/kes</a>. If you need to change or add an email address on our distribution list, please contact Jacqueline Cartailler at <a href="https://www.wcs.edu/kes">kerrosePTO@yahoo.com</a> to update your information. If you have any questions, please contact us at <a href="https://www.wcs.edu/kes">kerrosePTO@yahoo.com</a> to update your information. If you have any questions, please contact us at <a href="https://www.wcs.edu/kes">kerrosePTO@yahoo.com</a> to update your information. If you have any questions, please contact us at <a href="https://www.wcs.edu/kes">kerrosePTO@yahoo.com</a> to update your information. If you have any questions, please contact us at <a href="https://www.wcs.edu/kes">kerrosePTO@yahoo.com</a> to update your information. If you have any questions, please contact us at <a href="https://www.wcs.edu/kes">kerrosePTO@yahoo.com</a> to update your information. If you have any questions, please contact us at <a href="https://www.wcs.edu/kes">kerrosePTO@yahoo.com</a>.

### Bird's Eye View Guidelines:

Our Mission is to make the school newsletter as concise as possible while still providing parents all of the important information they need. We would like to avoid lengthy articles, and instead, include links to the article online if parents need/want more information. Thank You!

- 5 pm Monday is the deadline for submittals to <u>kenrosepto@yahoo.com</u>.
- Submissions should be in Word format, or in the body of an email. Please send a separate file/email for each submission.
- All submissions must be approved by a board member or Dr. Webb, and copied to Dr. Webb at <a href="marilynw@wcs.edu">marilynw@wcs.edu</a>, Allison Hayes,
   PTO President, at <a href="mailto:allisonlhayes.aol.com">allisonlhayes.aol.com</a>, and Jacqueline Cartailler at <a href="mailto:kenrosepto@yahoo.com">kenrosepto@yahoo.com</a>.
- Please limit 1 picture per article.
- Use limited clip art at your discretion.
- No advertisements allowed. Only WCS camps or activities that our students can participate in. We can post brief descriptions of an
  event to our feeder schools with a link to the web address for parents to access more information, if needed.