






Elementary & Middle School Lunch Menu

FEBRUARY 2016

Monday	Tuesday	Wednesday	Thursday	Friday
1 Turkey Pepperoni Stuffed Sandwich Chicken Tenders w/Homestyle Roll Smiley Face Potatoes Green Beans California Blend Vegetables	2 Mini Beef Ravioli w/Garlic Breadstick* Cheese Pizza* Loaded Baked Potato Baked Apples Italian Blend Vegetables	3 Chicken Fried Beef Sticks* w/Biscuit Peppered Gravy Breaded Chicken Sandwich* Mashed Potatoes Buttery Carrots Spinach	4 Crunchy Beef Tacos* Chicken Nuggets* w/Homestyle Roll Loaded Baked Potato Pintos Beans Western Blend Corn Broccoli	5 Choice of Pizza*: Cheese or Pepperoni <i>NEW! BBQ Pork Slider Basket*</i> White Beans Provence Blend Vegetables Chocolate Chip Cookie
8 Hamburger or Cheeseburger on Bun* Chicken Nuggets* w/Homestyle Roll Baked Beans Onion Rings* Mixed Vegetables	9 Italian Meatball Stuffed Sandwich* Cheese Pizza* Loaded Baked Potato Tuscan Blend Vegetables Whole Kernel Corn	10 Grilled Cheese Sandwich* w/Tomato Soup Mini Turkey Corn Dogs* Sidewinder Potatoes Herbed Peas & Carrots	11 Monterey Jack Enchilada* Chicken Tenders w/Homestyle Roll Loaded Baked Potato <i>NEW! Santa Fe Blend Vegetables</i> <i>(Corn, Broccoli, Black Beans, Red Peppers)</i> Spanish Rice	12 Choice of Pizza*: Cheese or Pepperoni Fish Nuggets* w/Hushpuppies* Ranch Beans Spring Blend Vegetables Special Cookie
15 NO SCHOOL 	16 Chicken Parmesan* w/Homestyle Roll Cheese Pizza* Loaded Baked Potato Italian Blend Vegetables Green Peas Presidents Cookies* 	17 BBQ Chicken Sandwich* Chicken Corn Dog* Tri-Tater Potatoes Turnip Greens Honey Glazed Carrots	18 Fajita Chicken & Mini Tortillas Roasted Peppers & Onions Chicken Nuggets* w/Homestyle Roll Loaded Baked Potato Refried Beans Whole Kernel Corn	19 Choice of Pizza*: Cheese or Pepperoni Breaded Fish* & Fries Basket Green Beans Yellow Squash Snickerdoodle Cookie
22 BBQ Pulled Pork on Bun* Chicken Tenders w/Homestyle Roll Sweet Potato Fries Tuscan Blend Vegetables Green Peas	23 Baked Ziti w/Meat Sauce w/Garlic Breadstick* <i>NEW! Cheese Calzone*</i> Loaded Baked Potato Provence Blend Vegetables Whole Kernel Corn	24 Salisbury Steak w/Homestyle Roll Breaded Chicken Sandwich* Mashed Potatoes w/Gravy Buttery Carrots Spinach	25 Beefy Nachos Chicken Nuggets* w/Homestyle Roll Loaded Baked Potato Black Beans Broccoli & Cheese	26 Choice of Pizza*: Cheese or Pepperoni Breaded Fish Sandwich* Baked Beans Spring Blend Vegetables Chocolate Chip Cookie
29 Turkey Pepperoni Stuffed Sandwich Hamburger or Cheeseburger on Bun* Crinkle Cut Fries Italian Blend Vegetables Carrots	<div> <div> <p><u>Offered Daily:</u></p> <p>Assorted Fruit Bowls</p> <p>Assorted Fresh Vegetable Bowls</p> <p>Assorted Signature Salads</p> <p>Sandwiches on Whole Grain Bread: <i>Turkey & Cheese, Ham & Cheese, PB&J</i></p> </div> <div> <p>1% Milk</p> <p>Fat Free Chocolate Milk</p> <p>Fat Free Strawberry Milk</p> <p>100% Apple & Eve Juice</p> <p>Bottled Water</p> </div> </div> <div>  <p>February is American Heart Month</p> <p>Love your heart by filling 1/2 your plate with fruits & veggies and by making 1/2 your grains whole.</p> <p><i>>51% whole grain foods are marked with an asterisk (*).</i></p> </div>			